# SELECTIVE

RESOURCE MANUAL

SECOND

EDITION

A Speechmark Book

& ALISON WINTGENS





# **Selective Mutism Resource Manual**

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### **Selective Mutism Resource Manual:**

The Selective Mutism Resource Manual Maggie Johnson, Alison Wintgens, 2017-07-28 For anyone who needs to understand assess or manage selective mutism this is a comprehensive and practical manual that is grounded in behavioural psychology and anxiety management and draws on relevant research findings as well as the authors extensive clinical experience Now in its second edition and including new material for adolescents and adults The Selective Mutism Resource Manual 2e provides an up to date summary of literature and theory to deepen your understanding of selective mutism a wealth of ideas on assessment and management in home school and community settings so that its relevance extends far beyond clinical practice a huge range of printable online handouts and other resources case studies and personal stories to illustrate symptoms and demonstrate the importance of tailored interventions. This book is essential reading for people who have selective mutism as well as for the clinicians therapists educators caseworkers and families who support them Selective Mutism Resource Manual Maggie Johnson, 2016 Cover Title Copyright Contents Foreword Preface Authors acknowledgements List of tables List of figures List of boxes List of online resources Part 1 Understanding Selective Mutism Chapter 1 Frequently asked questions about selective mutism Chapter 2 A holistic view of selective mutism Part 2 Guidelines for Identification and Assessment Chapter 3 Making a diagnosis what we need to know and why Chapter 4 The core assessment initial information gathering Chapter 5 Meeting and involving the child or young person Chapter 6 The extended assessment further information gathering Chapter 7 Moving from assessment to management Part 3 Management Chapter 8 Ensuring an anxiety free environment the starting point for home and school Chapter 9 Facing fears at home and in the community Chapter 10 Facing fears in educational settings Chapter 11 Making successful transitions Part 4 Reflective Practice Learning from Experience Chapter 12 Troubleshooting why isn t it working Chapter 13 When it is more than selective mutism Chapter 14 Examples of interventions Chapter 15 Learning from people who have experienced selective **The Selective Mutism** Maggie Johnson, Alison Wintgens, 2007 mutism Index The Selective Mutism Workbook for Parents and Professionals Maggie Johnson, Junhua Reitman, 2023-05-31 This workbook provides hands on Activities Strategies planning sheets and progress trackers for use with children with selective mutism at home at school and in the wider community Written by selective mutism expert Maggie Johnson and parent coach Junhua Reitman the workbook includes first hand accounts of how children can overcome SM successfully using the Activities and Strategies described in this book Activities are organised around the daily routines of school and family life and each Activity is broken into a progression of small steps with appropriate Strategies and an accompanying record sheet to track progress Activities include Using the toilet at school Attending social gatherings Organising a successful playdate Initiating conversation Talking in the classroom Eating with peers This workbook is essential reading for parents professionals and anyone who is looking for a toolkit for selective mutism It also provides a useful extension to The Selective Mutism Resource Manual 2nd edition focusing on the

how to complement the manual s what and why Small steps really do lead to big changes but taking the first step can be the most difficult This book helps you make that first step The Autism Resource Manual Debbie Riall, 2021-11-23 This highly practical resource book is full of realistic and achievable strategies to help teachers to support neurodiverse students in a range of situations that whilst often seemingly insignificant can guickly become substantial and disruptive challenges in the mainstream classroom Written with the busy teacher in mind chapters are easy to dip in and out of with jargon free language and simple explanations which are easy to understand and put into practice Clear chapters explore a variety of situations and topics to help children engage in their learning and make the classroom a safe and inviting place to be for autistic students Key features include Practical and achievable strategies to support autistic students in the mainstream classroom Real life scenarios to help you find concrete solutions to issues as they arise Memorable mantras and quick quotes to help embed strategies in everyday practice for both students and teachers Photocopiable and downloadable resource sheets Written by an advisory teacher for autism with a wealth of experience this book will be an invaluable tool for both primary and secondary teachers in mainstream settings as well as other education professionals The Selective Mutism Workbook for Parents and Professionals Maggie Johnson, Junhua Reitman, 2023-05-31 This workbook provides hands on Activities Strategies planning sheets and progress trackers for use with children with selective mutism at home at school and in the wider community Written by selective mutism expert Maggie Johnson and parent coach Junhua Reitman the workbook includes first hand accounts of how children can overcome SM successfully using the Activities and Strategies described in this book Activities are organised around the daily routines of school and family life and each Activity is broken into a progression of small steps with appropriate Strategies and an accompanying record sheet to track progress Activities include Using the toilet at school Attending social gatherings Organising a successful playdate Initiating conversation Talking in the classroom Eating with peers This workbook is essential reading for parents professionals and anyone who is looking for a toolkit for selective mutism It also provides a useful extension to The Selective Mutism Resource Manual 2nd edition focusing on the how to complement the manual s what and why Small steps really do lead to big changes but taking the first step can be the most difficult This book helps you make that first step **Selective Mutism In Our Own Words** Cheryl Forrester, Carl Sutton, 2015-12-21 An eye opening and enlightening collection of stories from people living with Selective Mutism SM this book provides a much needed platform for people with SM to share experiences of the condition in their own words Exploring all aspects of SM from symptoms and diagnostic criteria to triggers and the consequences of being psychologically unable to speak the stories in this book dispel the myths around this often misunderstood condition Far from refusing to talk or choosing not to the contributors offer genuine insights into why they simply cannot speak in certain situations or in front of certain people Children teens and adults from the UK and US share experiences of feeling isolated struggling at school and finding ways to communicate Letting people with SM know that they are not alone with the

condition the book will also help family friends and professionals to understand what it is like to live with SM Handbook of Pragmatic Language Disorders Louise Cummings, 2021-09-22 This reference work is the first to examine pragmatic language disorders of clients in complex and underserved populations. In chapters written by a range of experts the unique pragmatic language skills of clients are examined allowing for a broad overview The text gives focus to client groups with complex cognitive and psychiatric problems and children and adults that have been underserved by clinical language services because of maltreatment and social exclusion Pragmatic disorders are examined in children with sensory loss children who have been exposed to HIV and substance abuse and adults with Huntington's disease and other complex neurodegenerative pathologies This Handbook is an essential reference for researchers and clinicians in speech language pathology linguistics psychology and education Supporting your Child with Selective Mutism Junhua Reitman, Amelia Reitman, Nianhua Xu, 2023-12-07 This book provides strategies and ideas to support children with selective mutism in school at home and in the community Packed with illustrations this practical guide offers a roadmap to help children overcome selective mutism in various situations Based on Junhua Reitman's vast experience of working with her own daughter Amelia known in the book as Amy and other children this book furnishes parents and teachers with a toolkit to plan and implement intervention with individual children throughout their journey from the classic selective mutism freeze response to talking freely in various settings Techniques covered include Graded questioning The buddy system The rainbow bridge Voice exposure The reader is offered detailed examples of what worked for Amy in a variety of situations including in school at breaktimes in extra curricular activities on playdates and at birthday parties These examples are followed up with suggestions and ideas of how these experiences could be applied to other children making it ideal reading for anyone involved in the care of a child with selective mutism Tackling Selective Mutism Benita Rae Smith, Alice Sluckin, 2014-09-21 In this definitive guide to selective mutism the latest research and understanding are consolidated in chapters from experts in the fields of speech therapy psychology music therapy and education and communication It includes helpful information on the various treatment and therapeutic options with illustrative case studies

The Enigmatic Realm of **Selective Mutism Resource Manual**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Selective Mutism Resource Manual** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those that partake in its reading experience.

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