# Pregnancy, Childbirth, and the Newborn

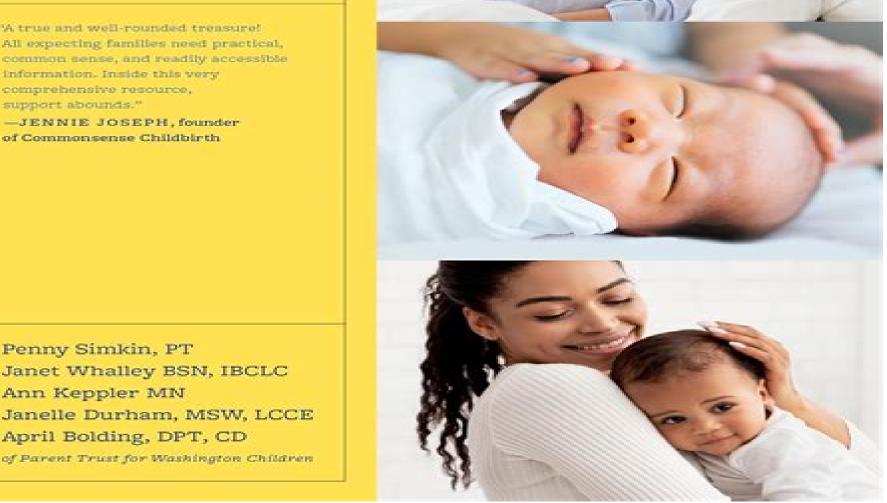
The Complete Guide

REVISED & UPDATED

"A true and well-rounded treasure! All expecting families need practical. common sense, and readily accessible information. Inside this very comprehensive resource, support abounds."

-JENNIE JOSEPH, founder of Commonsense Childbirth

Penny Simkin, PT Janet Whalley BSN, IBCLC Ann Keppler MN Janelle Durham, MSW, LCCE April Bolding, DPT, CD



# **Pregnancy Guide And Childbirth**

**S Nieto** 

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