

Pregnancy, Childbirth, *and* *the* Newborn

The Complete Guide

REVISED & UPDATED

"A true and well-rounded treasure!
All expecting families need practical,
common sense, and readily accessible
information. Inside this very
comprehensive resource,
support abounds."

—JENNIE JOSEPH, founder
of Commonsense Childbirth

Penny Simkin, PT
Janet Whalley BSN, IBCLC
Ann Keppler MN
Janelle Durham, MSW, LCCE
April Bolding, DPT, CD

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Pregnancy Guide And Childbirth

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