

# Nurse Practitioner Performance Evaluation

Name of nurse practitioner: Penelope Garcia

Evaluation period: January 10, 2025

Evaluator's name: William Rogers

## Instructions

This evaluation includes both a self-assessment and an evaluation by the supervisor. Please rate the nurse practitioner's performance based on the criteria listed below using a Likert scale from 1 to 5, where:

- 1 - Strongly disagree
- 2 - Disagree
- 3 - Neutral
- 4 - Agree
- 5 - Strongly agree

## Core competencies

### 1. Demonstrates proficiency in clinical skills and procedures.

Self:

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5

Supervisor:

☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5

### 2. Exhibits sound clinical judgment in patient care decisions.

Self:

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5

Supervisor:

☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5

### 3. Consistently adheres to evidence-based practice guidelines.

Self:

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5

Supervisor:

☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5

### 4. Effectively manages patient assessments, diagnoses, and treatment plans.

Self:

☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5

Supervisor:

☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5

### 5. Communicates effectively with patients, demonstrating empathy and active listening.

Self:

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5

Supervisor:

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

# Performance Appraisal Nurse Practitioner Template

**Judd E. Hollander**



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**A Practical Guide for Nurse Practitioner Faculty Using Simulation in Competency-Based Education** Pamela R. Jeffries, Pamela Slaven-Lee, 2024-01-09 Authored by expert simulation researchers educators nurse practitioner faculty and clinicians A Practical Guide for Nurse Practitioner Faculty Using Simulation in Competency Based Education looks at topics related to simulation design development and implementation for nurse practitioner and other graduate level nursing programs

**Role Development for the Nurse Practitioner** Julie G. Stewart, Susan M. DeNisco, 2018-01-25 Role Development for the Nurse Practitioner Second Edition is an integral text that guides students in their transition from the role of registered nurse to nurse practitioner

**A Nurse Practitioner's Complete Guide to a Successful Medical House Call Practice**

**Handbook on Educational Specialist Evaluation** James Stronge, 2014-05-22 Easy to use authoritative and flexible the tools in this book and CD ROM have been developed over the last 15 years and have been field tested in over 500 schools These tools will empower you to do your evaluations based on current thinking and best practices

**Transitioning Into Hospital Based Practice** Mona N. Bahouth, Kay Blum, Shari Simone, 2013 This is a unique and needed addition to the nursing literature Historically the role of the nurse practitioner was focused on primary care but as the healthcare environment has changed so has the need for nurse practitioners in the hospital setting This valuable resource is a wonderful guide for nurse practitioners and administrators working to successfully create this transition in their organizations Score 98 5 Stars Doody's Medical Reviews Transitioning into Hospital Based Practice A Guide for Nurse Practitioners Administrators is the first text to address the mutual issues of both NPs and administrators in successfully implementing NP practice in hospitals This book addresses the planning implementation and evaluation process as well as the key factors that are critical to the success of the individual NP and incorporates practical guidance from national NP experts The NP recruitment orientation mentoring and professional development are key to the individual and collective success of both the NP and the organization's outcomes It is the commitment to this mutual success that sets this book apart from any other texts on this subject and makes it indispensable for students practicing NPs and administrators alike Key Features Provides concrete strategies for the NP and Administrator that support the transition from clinic to hospital based APN practice Addresses a growing need for role identification and integration of the NP role into the hospital setting Covers the planning implementation and evaluation process of the hospital based NP Focuses on the improvement of patient outcomes and cost reduction Written by national NP experts

**How to Run Your Nurse Practitioner Business** Sheila C. Grossman, Martha Burke O'Brien, 2010-05-17 Designated a Doody's Core Title This is a wonderful resource for current and future nurse practitioners The information is valuable and timely This is an essential addition to resource libraries for nurse practitioners Score 100 5 stars Doody's This book serves as an authoritative reference designed for nurse practitioners NPs masters and doctoral level students and administrators interested in developing and managing high quality cost effective and patient

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**Nurse Practitioner's Business Practice and Legal Guide** Carolyn Buppert,2023-11-15 Nurse Practitioner s Business Practice and Legal Guide Eighth Edition is a must have resource for every new or current nurse practitioner NP It explains and analyzes the legal issues relevant to nurse practitioners [A Guide to AHP Credentialing](#) Beverly E. Pybus,Carol S. Cairns,2004

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**Human Resource Management, 11th Edition** Raymond J. Stone,Anne Cox,Mihajla Gavin,Joseph Carpini,2024-06-04 The new edition of Raymond Stone s Human Resource Management is an AHRI endorsed title that has evolved into a modern relevant and practical resource for first year HRM students This concise 15 chapter textbook gives your students the best chance of transitioning successfully into their future profession by giving them relatable professional insights and encouragement to exercise their skills in authentic workplace scenarios

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Nurse Practitioner's Business Practice and Legal Guide ,      **Management and Leadership for Nurse Managers**

Russell C. Swansburg,1996 This edition of the highly acclaimed Management and Leadership for Nurse Managers offers theoretical and practical perspectives on the major management functions as they are practiced in today s organizations The author introduces current and future nurse managers to the challenges of planning organizing leading and controlling The most recent research on management theory is incorporated throughout the book in the context of its practical application New coverage includes total quality management pay for performance the rising temporary workforce and downsizing

*Evidence-based Teaching* Virginia R. Cassidy,1999 Analyzes current educational research in subjects including the basics of evidence based teaching mentorship in nursing education the teaching of psychomotor nursing skills in simulated learning labs academic dishonesty and prediction of success on the registered nurse licensure examination Ann      **Cumulated**

**Index Medicus** ,1995      *Medical Subject Headings* National Library of Medicine (U.S.),1993      **Compendium of HHS**

**Evaluations and Relevant Other Studies** HHS Policy Information Center (U.S.),1990

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web ausdauertraining ist gesund es verbessert die fettverbrennung stärkt das immunsystem verbessert das blutbild und reduziert das herzfarkt risiko deutlich typische ausdauerarten sind laufen radfahren skilanglauf schwimmen und triathlon

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web unter ausdauertraining versteht man trainingsprogramme und trainingsformen deren ziel es ist die ausdauer zu erhöhen also die fähigkeit des körpers über einen ausgedehnten zeitraum leistung zu erbringen das ausdauertraining trägt wesentlich



zur entwicklung und aufrechterhaltung eines guten gesundheitszustandes bei 1

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web sep 12 2019 ausdauertraining ist wichtig für das herz kreislauf system und ein guter ausgleich zu krafttraining wie wir im cardiobereich richtig trainieren erklärt patrik noack der chefarzt von swiss olympic im interview welche vorteile bringt das ausdauertraining

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web aug 30 2018 oktober 2021 so kannst du deine ausdauer trainieren die besten tipps fürs cardiotraining als anfänger und ausdauertraining für fortgeschrittene du nimmst lieber den lift weil dir bei der treppe gleich mal die puste ausgeht dann wird s zeit fürs ausdauer trainieren ausdauertraining ist wichtig

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web jan 5 2015 denn wer beim ausdauertraining ausgelaugt und müde vom krafttraining ist hat den zweck dessen verfehlt der sportler sollte also versuchen die für ihn richtige intensität des gesamten trainings herauszufinden am besten geht dies mithilfe professioneller beratung durch den trainer im fitness studio oder in einem laufcenter

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web was heißt ausdauertraining es gibt viele verschiedene formen der ausdauer unter ausdauertraining verstehen wir sportarten die vor allem das herz kreislauf system herausfordern die klassischen ausdauersportarten sind laufen schwimmen und rad fahren auch längere einheiten auf dem crosstrainer oder der rudermaschine fallen

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web aug 24 2022 ausdauertraining macht nicht nur spaß sondern wirkt sich auch positiv auf verschiedene körperfunktionen aus für eine gesunde leistungssteigerung ist der richtige belastungspuls beim training wichtig wir erklären wie sie ihre ausdauer mit der optimalen herzfrequenz trainieren

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web deine leistung in den bereichen ga1 ga2 und wsa verbessert sich dadurch und du läufst schwimmst oder radelst schneller empfehlung 80 solltest du im ga1 und 20 im wsa bereich trainieren hier werden die größten effekte auf die verbesserung der ausdauerleistung erzielt

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web stellt man es richtig an und beachtet einige grundlegende regeln so kann ein gesunder mensch seine ausdauer schnell steigern aber nicht nur gesunde menschen sondern auch herz kreislauf patienten oder menschen in der rekonvaleszenz können ein sanftes ausdauertraining betreiben

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web effektives ausdauertraining so trainieren profis mit der passenden ernährung effektives ausdauertraining früher vs heute während früher oft die devise lautete ordentlich umfänge zu machen differenziert man heute zunächst um welche spezifische belastung in der jeweiligen sportart handelt es sich überhaupt

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web may 7 2014 entsprechendes ausdauertraining fördert nicht nur die leistungsfähigkeit sondern hat viele weitere gute seiten es schützt vor stress fördert die fettverbrennung ist stimmungsaufhellend und wirkt sich positiv auf das herz kreislauf system aus

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web ausdauer für einsteiger diese fehler sollten sie vermeiden wie sie als sporteinsteiger ihre ausdauer trainieren ohne den körper zu überfordern sporteinsteiger die ihre ausdauer trainieren möchten sollten mit dem training langsam starten

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web dec 1 2021 vom 5 zum 10 kilometer läufer aufsteigen vom halbmarathon zum marathonläufer kein problem unsere trainingstipps und beispiele machen es für alle möglich die eigenen grenzen zu verschieben

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web jul 27 2021 ausdauertraining die richtige technik regelmäßiges ausdauertraining wirkt sich auf organe muskeln und andere körperstrukturen aus da diese sich unterschiedlich schnell anpassen sollte man dies im trainingsplan berücksichtigen

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web apr 26 2020 während radfahren zur arbeit oder 30 minuten joggen unbedenklich sind zählt bei intensiverem training das richtige maß eine halbe stunde sport an vier bis fünf tagen pro woche gilt als gesund für ausdauersportler ist es ratsam pausen in den trainingsplan einzubauen

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web mar 17 2023 kraft und ausdauertraining richtig kombinieren sportwissenschaftliche trainingstipps die perfekte kombination krafttraining zielt eher auf eine verbesserung der maximalkraft und steigerung der muskelmasse ab ausdauertraining auf eine steigerung der maximalen sauerstoffaufnahme-fähigkeit erfahren sie in diesem artikel wie sie

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web jan 28 2020 foto istock laufen fahrradfahren oder schwimmen ein ausdauertraining verbessert die körperliche fitness wer seine ausdauer aufbaut und sein training gezielt darauf auslegt tut seiner gesundheit gutes hier bekommst du die wichtigsten fakten und tipps zum thema