OB Exam 1

- 1. What are the positive signs of pregnancy?
 - a. FHR, visual of fetus
- 2. Pt is not sure they are pregnant?
 - a. Get an ultrasound
- 3. Sexual intercourse education.
 - a. Sex is ok during pregnancy, avoid sex when membrane has ruptured, and increase in sexual desire
- 4. Systolic murmur heard on mother?
 - a. Notify HCP of normal finding
- 5. Danger signs of pregnancy?
 - a. Severe headache, vaginal bleeding
- 6. Pt says, "my husband insisted, but I don't know about this test." What is best response from nurse?
 - a. What concerns you about this test?
- 7. Couple wants to know about fetal sex. How do you know?

 a. Sex is determined by fertilization
- 8. What is another way the nurse can determine the # of weeks of a fetus?
 - a. Kicks felt at 20 weeks by nurse
- 9. Fetal age?
 - a. Quickening= halfway through pregnancy
- 10. If a pt has pelvic and femoral pressure, what are they at risk for?
 - a. Dependent edema, varicosities & hemorrhoids
- 11. If pt comes for prenatal visit and tells you she works on a computer all day, what should you tell her?
 - a. Walk around every couple of hours
- 12. What lab value should you work about?
 - a. Hb 10 (anything under 11 means anemia)
- 13. A pt comes in at 20 weeks and nurse measures belly and baby is 3 cm below umbilicus. What can you tell the patient?
 - a. Lower than normal age (should be at umbilicus)

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