

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PST.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	AChE ¹	NE	Selective Action On Neurotransmitters ²	
							5-HT	DA
imipramine		Tofranil	150-300 mg	mid	mid	++	+++	0
desipramine		Norpramin	150-300 mg	low	low	+++++	0	0
amitriptyline		Elavil	150-300 mg	high	high	++	+++++	0
nortriptyline		Aventyl, Pamelor	75-125 mg	mid	mid	+++	++	0
protriptyline		Vivactil	15-40 mg	mid	mid	+++++	+	0
trimipramine		Surmontil ³	100-300 mg	high	mid	++	++	0
doxepin		Sinequan, Adapin ³	150-300 mg	high	mid	++	+++	0
clomipramine		Anafranil	150-250 mg	high	high	0	+++++	0
maprotiline		Ludomil	150-225 mg	high	mid	+++++	0	0
amoxapine		Asendis	150-400 mg	mid	low	+++	++	0
trazodone		Desynel	150-400 mg	mid	none	0	+++++	0
nefazodone		Generic Only	100-300 mg	mid	none	0	+++	0
fluoxetine		Prozac ⁴ , Sarafem	20-80 mg	low	none	0	+++++	0
bupropion-X.L.		Wellbutrin-X.L. ⁴	150-400 mg	low	none	++	0	++
sertraline		Zoloft	50-200 mg	low	none	0	+++++	+
paroxetine		Paxil	20-50 mg	low	low	+	+++++	0
venlafaxine-X.R.		Effexor-X.R. ⁴	75-350 mg	low	none	++	+++	+
desvenlafaxine		Pristiq	50-400 mg	low	none	++	+++	+
fluvoxamine		Luvax	50-300 mg	low	low	0	+++++	0
mirazapine		Remeron	15-45 mg	mid	mid	+++	+++	0
citalopram		Celexa	10-60 mg	low	none	0	+++++	0
escitalopram		Lexapro	5-20 mg	low	none	0	+++++	0
duloxetine		Cymbalta	20-80 mg	low	none	++++	++++	0
atomoxetine		Strattera	60-120 mg	low	low	+++++	0	0
MAO INHIBITORS								
phenelzine		Nardil	30-90 mg	low	none	+++	+++	+++
tranylcypromine		Parnate	20-60 mg	low	none	+++	+++	+++
selegiline		Emsam (patch)	6-12 mg	low	none	+++	+++	+++

¹AChE: Anticholinergic Side Effect

²NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

³Prescription, but likely effects

⁴Available in standard formulation and time release (XR, XL, or CR). Prozac available in 90mg time released/weekly formulation.

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Dosage	Daily Range	Serum ¹ Level
lithium carbonate		Eskalith, Lithonate	600-2400	0.6-1.5	divalproex		Depakote		750-1500	50-100
lithium aspartate					lamotrigine		Lamictal		50-500	(2)
fluoxetine		Symbyax	6/25-12/50mg ⁴	2	topiramate		Topamax		50-300	(3)
carbamazepine		Tegretol, Equetro	600-1600	4-10+	gabapine		Gabril		4-12	(3)
oxcarbazepine		Trileptal	1200-2400	(2)						

¹Lithium levels are expressed in mEq/L; carbamazepine and valproic acid levels express in mg/mL.

²Serum monitoring may not necessary. ³Not yet established. ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations.

ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range ¹
clomipramine		Anafranil	150-300 mg
fluoxetine		Prozac ¹	20-80 mg
sertraline		Zoloft ¹	50-200 mg
paroxetine		Paxil ¹	20-60 mg
fluvoxamine		Luvax ¹	50-300 mg
citalopram		Celexa ¹	10-60 mg
escitalopram		Lexapro ¹	5-30 mg

¹Often higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate		Ritalin	5-50 mg
methylphenidate		Concerta ²	18-54 mg
methylphenidate		Metadate	5-40 mg
methylphenidate		Methylton	10-60 mg
methylphenidate		Daytrana (patch)	15-30 mg
dexamethylphenidate		Focalin	5-40 mg
dextro-amphetamine		Dexedrine	5-40 mg
lisdexamphetamine		Vyvanse	30-70 mg
pemoline		Cylert	37.5-112.5 mg
d- and l-amphetamine		Adderall	5-40 mg
modafinil		Provigil, Sparlon	100-400 mg

¹None: Adult Doses.

²Sustained release

Psychotropic Medication Information Sheets

David Rosenberg, Samuel Gershon



Psychotropic Medication Information Sheets:

Clinical Handbook of Psychotropic Drugs for Children and Adolescents Dean Elbe, Tyler R. Black, Ian R. McGrane, Sabina Choi, 2023-04-24 Quick and comprehensive information on psychotropic drugs for children and adolescents Accurate and up to date Specific to children and adolescents Charts and tables help decision making Icons and full color More about this book The Clinical Handbook of Psychotropic Drugs for Children and Adolescents is a unique resource to help you make the right choices about psychotropic medications for younger patients The fifth edition of this widely acclaimed reference has been fully updated and expanded Updated information on psychiatric disorders in children and adolescents Unique comparison charts dosages side effects pharmacokinetics interactions that allow you to see at a glance which medication is the most suitable for each patient Instantly recognizable icons in full color throughout allowing you to quickly find all the information you seek General information on medications availability and indications Drug action dosing pharmacokinetics and related areas Warnings and precautions Patient related information such as lab monitoring recommendations nursing implications and patient advice Clearly written patient and caregiver information sheets as printable pdf files This book is a must for all mental health professionals working with children and adolescents who need an up to date easy to use comprehensive summary of all the most relevant information about psychotropic drugs New in this edition New chapters on Prescribing Safely and Ethically to Children and Adolescents Pharmacogenetic Information for Common Psychotropic Drugs and Aggression Management in Children and Adolescents Neuroscience based nomenclature added to Product Availability tables Antipsychotic Induced Extrapyrimal Side Effect EPSE chapter completely revised plus new section on monitoring scales for EPSE Anxiolytics section on buspirone and benzodiazepine comparison table revised

Clinical Handbook of Psychotropic Drugs Ric M. Procyshyn, Katelyn Halpape, David D. Kim, 2025-05-12 Quick and comprehensive information on psychotropic drugs for adults Accurate and up to date Comparison charts help decision making Icons and full color Available both in print and online Downloadable patient information sheets More about this book The Clinical Handbook of Psychotropic Drugs has become a standard reference and working tool for psychiatrists psychologists physicians pharmacists nurses and other mental health professionals Independent unbiased up to date Packed with unique easy to read comparison charts and tables dosages side effects pharmacokinetics interactions for a quick overview of treatment options Succinct bulleted information on all classes of medication on and off label indications US FDA Health Canada recommended dosages US and Canadian trade names side effects interactions pharmacodynamics precautions in the young the elderly and pregnancy nursing implications and much more all you need to know for each class of drug Potential interactions and side effects summarized in comparison charts With instantly recognizable icons and in full color throughout allowing you to find at a glance all the information you seek This book is a must for everyone who needs an up to date easy to use comprehensive summary of all the most relevant information about psychotropic drugs Clearly written

patient information sheets can be downloaded as printable PDF files from the Hogrefe website after registration New in this edition Antidepressants chapter revised extensively and includes new sections on the selective serotonin 5 HT1A agonist gepirone and difficult to treat depression Antipsychotics chapter includes a new section on the muscarinic agonist antagonist combination Xanomeline trospium chloride a novel treatment that does not block D2 dopamine receptors Major revisions to TGA Dosing and Pharmacokinetics Drugs for Treatment of Dementia chapter includes donanemab infusion Drugs for ADHD comparison table expanded Drugs of Abuse chapter has been revised extensively and includes a new section on Psychedelics and Dissociative Drugs New formulations and trade names include Abilify Asimtufii aripiprazole extended release 2 monthly injection Azstarys serdexmethylphenidate dexamethylphenidate capsules CAMCEVI leuprolide 6 month slow release SC depot injection Drizalma Sprinkle duloxetine capsules Eldepryl selegiline tablets and capsules Eprontia topiramate oral solution Exxua gepirone extended release tablets Ketalar ketamine hydrochloride injection Kisunla donanemab infusion Lybalvi olanzapine samidorphan tablets Onyda clonidine extended release suspension Relexii methylphenidate extended release tablets Secuado asenapine transdermal patch Zurzuvae zuranolone capsules

The Social Worker and Psychotropic Medication Kia J. Bentley, Shannon Hughes, Joseph Walsh, 2023-09-05 A generation of social work students has benefited from Kia Bentley and Joseph Walsh's practical approach to the social worker's role in psychopharmacology New coauthor Shannon Hughes brings even more fresh ideas to the updated Fifth Edition Important updates include updated and expanded drug information and tables including names typical dosages potential adverse effects as well as never before included FDA approval information updated content on psychogenomics as well as added new content on medication use with sexual minorities and gender diverse people more explicit criticisms of the chemical imbalance theory and the use of the term anosognosia more comprehensive guidelines for talking to children parents and teachers about psychiatric medication expanded content on shared decision making including a presentation on what we think truth telling about medication looks like in the 21st century explicit content on the centrality of avoiding both subtle and overt coercion new section on medication discontinuation and deprescribing and the role of social work in supporting these trends expanded section on prescription writing privileges to account for the recognition of physician assistants nurse practitioners and pharmacists in those roles new section on the use of psychedelics in psychiatry acknowledgement of the potential impact of the COVID 19 pandemic and telemedicine on the future of both social work and psychopharmacological practice significantly increased attention to the human rights social justice interface of social work and psychopharmacology

Clinical Handbook of Psychotropic Drugs Kalyna Z. Bezchlibnyk-Butler, 2006 The 16th edition of a comprehensive summary of relevant information about psychotropic drugs Chapters on Bright Light Therapy BLT and Repetitive Transcranial Magnetic Stimulation RTMS are included

Drug-induced Dysfunction in Psychiatry Matcheri S. Keshavan, John S. Kennedy, 1992 Discusses the general principles of therapeutics focusing on how to avoid or deal with adverse drug effects It includes details

on adverse neuropsychiatric effects of drugs used in psychiatry and also looks at non neurological syndromes related to

Handbook of Clinical Psychopharmacology for Therapists John Preston, John H. O'Neal, Mary C. Talaga, 2010 This sixth edition of The Handbook of Clinical Psychopharmacology is a must have resource for therapists who need the most up to date information on the effects side effects and best uses of every psychoactive medication **Handbook of Clinical**

Psychopharmacology for Therapists John D. Preston, John H. O'Neal, Mary C. Talaga, 2013-02-02 Handbook of Clinical Psychopharmacology for Therapists has become the go to resource for mental health clinicians looking for clear reliable information about the treatment of mental health issues Organized by disorder and within each disorder by medication this book is designed to familiarize clinicians and students with the basic terminology and models of pharmacokinetics This updated seventh edition provides essential information on new medications and treatment options and includes the latest research on side effects contraindications and efficacy of all major medications prescribed for mental health disorders The book also features an important new chapter on the effects of withdrawing from psychopharmacological medications This handbook makes it simple to Get the facts about drug interactions and side effects Find out how medications affect adults children and adolescents differently Learn how different cultures view medical treatment vital information for anyone who treats clients from a variety of backgrounds Discontinue medication safely when needed The Social Worker &

Psychotropic Medication Kia J. Bentley, Joseph F. Walsh, 2001 This book is a practical and useful resource for social work students and practitioners as they fill and expand their daily roles in psychiatric medication management The authors provide readers with the information they need to be aware articulate and active with respect to client s medication related dilemmas but also mindful of the sociopolitical context of prescription practice in psychiatry All the facts myths and relevant information about psychotropic medication are presented to social workers in an easy to access manner Professionals and students alike will find this book to be a practical resource that helps them to be more responsive to the medication related concerns of their mental health clients and to work more collaboratively on these issues with families and other mental health care providers Rich in case examples and within a contemporary framework of partnership practice this book provides an up to date primer on psychopharmacology and a review of psychosocial interventions **Pharmacotherapy for Child**

and Adolescent Psychiatric Disorders David Rosenberg, Samuel Gershon, 2002-08-27 The Second Edition of Pharmacotherapy for Child and Adolescent Psychiatric Disorders contains new and expanded chapters on combination therapy pharmacoepidemiology pharmacoconomics current social ethical and legal issues surrounding the administration of psychostimulants and antidepressants to children and teenagers serotonin reuptake inhibitors and discusses techniques to select the most appropriate drug and dosing schedule methods to adjust safely and tailor medical treatments for children during various stages of growth and development the effect of psychoactive drugs on cardiac function Offering nearly 3000 contemporary references to facilitate further research Pharmacotherapy for Child and Adolescent Psychiatric Disorders

Second Edition is a timely and authoritative guide suitable for psychiatrists psychologists pediatricians pharmaceutical and behavioral scientists clinical neurologists primary care physicians social workers and graduate and medical school students in these disciplines Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems Edited by Mina K. Dulcan M.D., Rachel R. Ballard M.D., 2015-03-20 Now in its fourth edition Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems is an extremely useful and user friendly compendium of information sheets for parents and teachers of children and adolescents who are being prescribed medications for psychiatric disorders The book is designed for a diverse audience of psychiatrists pediatricians and neurologists as well as for schools therapists and libraries Individual information sheets on specific medications prescribed for the child or adolescent patient can be downloaded printed and given to parents and teachers to help them understand the drug s purpose possible side effects potential interactions with food and medications and other factors This new edition has been thoroughly updated and the number of drugs covered has been expanded by more than 20% over the previous edition Written in an accessible style that laypeople will find easy to understand Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems provides accurate and timely information that promotes understanding and helps ensure patient adherence and safety **Child and Adolescent Clinical Psychopharmacology Made Simple** John D. Preston, John H. O'Neal, Mary C. Talaga, Bret A. Moore, 2021-01-02 A classic in its field Child and Adolescent Clinical Psychopharmacology Made Simple provides parents therapists and health care professionals all they need to know about the use of psychoactive medications in the treatment of childhood and adolescent psychological disorders in easy to understand language This fully revised and updated fourth edition includes new information about sleep disorders sleep medication substance abuse and more *The Beginning Psychotherapist's Companion* Jan Willer, 2013-10-03 Filling in the gaps from students lack of experience and confidence The Beginning Psychotherapist s Companion Second Edition is a supportive and empathetic guide addressing real world concerns and providing essential insights not taught in textbooks With a reassuring and clear writing style Willer offers practical suggestions and clinical examples to address the professional development and emotional concerns of the beginning psychotherapist She guides readers through structuring the first session making clinical observations and establishing a therapeutic alliance Through the use of culturally diverse clinical vignettes Willer discusses the foundations of ethical practice including informed consent confidentiality documentation and setting boundaries The reader is guided on how and when to refer clients for medication and other health care Crisis management principles are detailed including suicide and violence risk assessment child abuse elder abuse intimate partner violence and rape Willer also provides professional advice on contemporary concerns such as social networking online searches of clients the psychotherapist s internet presence and other important emerging challenges Comprehensive practical and thoroughly updated The Beginning Psychotherapist s Companion Second Edition is the ideal resource for students and early career

psychotherapists *A Consumer's Guide to Psychiatric Drugs* John Preston, 2008-12-30 Now fully revised and updated this essential guide provides comprehensive coverage of the latest treatments for anxiety mood and psychotic disorders

Textbook of Hospital Psychiatry Steven S. Sharfstein, 2009-02-20 With decreases in lengths of hospital stay and increases in alternatives to inpatient treatments the field of hospital psychiatry has changed dramatically over the past 20 years As the first comprehensive guide to be published in more than a decade the Textbook of Hospital Psychiatry is a compilation of the latest trends issues and developments in the field The textbook written by 70 national experts and clinical specialists covers a wide range of clinical and administrative topics that are central to today's practice of hospital psychiatry This is the only textbook on the market today that provides information for psychiatric hospital clinicians and administrators in a single all inclusive volume It covers information not generally available in other textbooks and medical journals touching on a variety of cutting edge issues such as safety improvement use of seclusion and restraint suicide prevention and culturally competent psychiatric care The book's 35 chapters are divided into four parts Part I Inpatient Practice focuses on specialty psychiatric units e.g. acute stabilization unit eating disorders unit forensic unit child unit including the many psychopharmacological and psychosocial treatments used within each This section also touches on specialized treatment for patients with co-occurring problems such as substance abuse developmental disabilities and legal difficulties Part II Special Clinical Issues covers clinical issues from the perspective of different populations consumers families suicidal patients This section also examines the recent trend toward patient centered care Part III The Continuum of Care addresses psychiatric services within the community such as rehabilitation programs day hospitals and emergency services It discusses the importance of understanding hospital based treatment within the broader perspective of patients' lives Part IV Structure and Infrastructure focuses on such often overlooked topics as financing of care risk management electronic medical records and the actual architecture of psychiatric hospitals as well as the roles of psychiatric hospital administrators psychiatric nurses and psychiatrists and psychologists An invaluable resource for both clinicians and administrators as well as a comprehensive teaching tool for residents the Textbook of Hospital Psychiatry is a must have for all professionals who work in psychiatric settings

Psychiatric and Mental Health Nursing Mary Chambers, 2017-04-07 This new edition of a bestselling evidence based textbook provides a comprehensive overview of psychiatric and mental health nursing Keeping service users and their recovery at the centre of care the holistic approach will help nurses to gain the tools and understanding required to work in this complex area Extensively updated for this new edition the text looks at Aspects of mental health nursing covering topics such as ethics developing therapeutic relationships and supervision The foundations of mental health nursing discussing diagnosis assessment and risk Caring for those experiencing mental health distress looking at wide range of troubles including anxiety bipolar disorder eating disorders and issues around sexuality and gender Care planning and approaches to therapeutic practice exploring ideas pathways and treatments such as recovery CBT psychodynamic therapies

and psychopharmacology Services and support for those with mental health distress covering topics such as collaborative work involvement of service users and their families and carers and a range of different mental healthcare settings Mental health nursing in the twenty first century highlighting emerging and future trends including the political landscape physical health and health promotion and technological advances This accessible and comprehensive textbook integrates service user perspectives throughout and includes student friendly features such as learning outcomes key points summaries reflection points and further reading sections It is an essential resource for all mental health nursing students as well as an invaluable reference for practising nurses

Department of Defense Authorization for Appropriations for Fiscal Year 2015 and the Future Years Defense Program: Personnel United States. Congress. Senate. Committee on Armed Services,2015

The Maudsley Prescribing Guidelines in Psychiatry David M. Taylor,Carol Paton,Shitij Kapur,2015-04-01 The fully updated 12th edition of an essential reference for anyone responsible for prescribing drugs for patients with mental health disorders A well respected and widely used source of information on which drugs to prescribe which side effects to look out for how best to augment or switch drugs and more Provides concise reviews of psychiatric disorders and relevant psychopharmacology along with general guidance based on the data reviewed and current clinical practice Includes specific guidance for schizophrenia bipolar disorder depression anxiety substance abuse and special populations such as children the elderly and pregnant women Each section features a full reference list so the evidence base can be checked quickly and easily This title is also available as a mobile App from MedHand Mobile Libraries Buy it now from iTunes Google Play or the MedHand Store

Evidence-Based Psychotherapies for Children and Adolescents, Second Edition John R. Weisz,Alan E. Kazdin,2010-01-13 Widely regarded as a premier text and clinical resource this book presents exemplary treatment approaches for a broad range of social emotional and behavioral problems in children and adolescents Concise chapters from leading authorities describe the conceptual underpinnings of each therapy how interventions are delivered on a session by session basis and what the research shows about treatment effectiveness Contributors discuss recommended manuals and other clinical and training resources and provide details on how to obtain them

[Practical Psychiatry in the Long-Term Care Home](#) David K Conn,Nathan Herrmann,Alanna Kaye,Dmytro Rewilak,Barbara Schogt,2007-05-01 This is a practical book aimed at providing training and guidance for staff members in long term care facilities The goal is to help staff understand and solve the wide range of psychiatric and behavioral problems which are encountered on a day to day basis Numerous clinical illustrations are presented This material is invaluable for all team members nurses physicians social workers psychologists and occupational therapists It is especially helpful for frontline health aids who work most closely with the residents and for supervisors and administrators As a result it also serves as a useful tool for teaching students The emphasis is on training all members of the staff to provide the highest quality of care in the most cost effective and productive manner The authors have worked together for many years at the Baycrest Centre for Geriatric Care a large

university affiliated multilevel geriatric center which has an international reputation for its excellence in the care of the elderly **The Treatment Of Psychiatric Disorders** William H. Reid; George U. Balis; James S. Wicoff; Jerry J. Tomasovic.,2018-10-24 First published in 1989 The primary author and other contributors assume that the reader is familiar with psychiatric evaluation and with the diagnostic format of DSM III R They should be pursuing treatment approaches with clear working diagnoses in mind before picking up this book This book may be useful for general physicians or certain nonmedical mental health clinicians however it is not intended to take the place of consultation from or referral to a psychiatrist

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