

Group Note Template

Basic Information			
Session Date	Session Start/Stop Time	No. of Clients in Session	Therapist Name
1/12/2022	12:30 - 2:30	3	Dr Lucy Smith
Group Summary			
Group Summary There were 3 clients today within the group therapy session, and are patients of my practice. All are facing similar substance abuse issues with alcohol, and are practicing sobriety.			
Discussion Topic Today's discussion topic is dealing with sobriety, as part of substance abuse therapy. Clients are encouraged to talk about their experiences so far, and how no alcohol is affecting their day to day.			
Intervention			
The session began with introductions, and then with sharing experiences, if comfortable. The clients were then lead through multiple thought exercises considering how life trajectories, relationships, impulses, self-esteem, and work has/has not been affected by their alcohol decisions. This lead to interesting insight, more personal anecdotes and group support, as well as some questions. The final part of the session involved goal-setting, where clients were encouraged to set goals to achieve within the next month. Small steps are recommended, and each client is expected to report back within the next session.			
Plan			
All three clients were happy to meet next time, now having established support. Clients also agreed to make progress on their individual goals set, and will report back in the next session. Each client will also continue to see me privately throughout the month.			
Therapist Signature		Next Session Date	
		15/02/2023	

Sample Group Therapy Notes

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The Clinical Documentation Sourcebook Donald E. Wiger, 2009-12-31 All the forms handouts and records mental health professionals need to meet documentation requirements fully revised and updated The paperwork required when providing mental health services continues to mount Keeping records for managed care reimbursement accreditation agencies protection in the event of lawsuits and to help streamline patient care in solo and group practices inpatient facilities and hospitals has become increasingly important Now fully updated and revised the Fourth Edition of The Clinical Documentation Sourcebook provides you with a full range of forms checklists and clinical records essential for effectively and efficiently managing and protecting your practice The Fourth Edition offers Seventy two ready to copy forms appropriate for use with a broad range of clients including children couples and families Updated coverage for HIPAA compliance reflecting the latest The Joint Commission TJC and CARF regulations A new chapter covering the most current format on screening information for referral sources Increased coverage of clinical outcomes to support the latest advancements in evidence based treatment A CD ROM with all the ready to copy forms in Microsoft Word format allowing for customization to suit a variety of practices From intake to diagnosis and treatment through discharge and outcome assessment The Clinical Documentation Sourcebook Fourth Edition offers sample forms for every stage of the treatment process Greatly expanded from the Third Edition the book now includes twenty six fully completed forms illustrating the proper way to fill them out Note CD ROM DVD and other supplementary materials are not included as part of eBook file

Counselling Skills in Applied Sport Psychology Paul McCarthy, Zoe Moffat, 2023-11-24 Counselling Skills in Applied Sport Psychology is a new text that provides a how to in basic counselling skills for sport psychology students and practitioners The book supports scholarship in applied sport psychology at the upper undergraduate and postgraduate levels especially for those training to become sport psychology practitioners Presented in ten chapters and an extensive appendix of forms and letters to cater to the ranging needs of students the book addresses basic counselling skills their place in applied sport psychology and personal development The core of the book lies in exploring counselling models and how to counsel client athletes through beginnings middles and endings It delves more deeply into personal and professional development especially understanding therapeutic modalities supervision and self care Providing a unique focus of basic counselling skills in applied sport psychology concentrating on the professional relationship between the sport psychology practitioner and client athlete in applied sport psychology practice Counselling Skills in Applied Sport Psychology is essential reading and practice for upper undergraduates and postgraduates in applied sport psychology and sport and exercise psychology

Eating Disorder Group Therapy Carolyn Karoll, Adina Silverman, 2024-04-25 This is the only book that teaches clinicians how to run an effective evidence informed and multi disciplinary eating disorder group incorporating psychoeducation process group dynamics and experiential elements Whereas group therapy for eating disorders is widely used across many levels of care the outpatient setting is uniquely

poised to deliver effective multi disciplinary group therapy The first part of this book offers practical guidance for conceiving organizing and initiating outpatient groups equipping clinicians with the necessary tools to foster supportive and transformative environments The second includes seven chapters that delve into the core themes of eating disorder recovery featuring 60 activities and discussions empowering participants towards growth and resilience This book teaches clinicians how to collaboratively lead groups to optimize cohesion and harness the collective strength of the group to facilitate change It provides thorough rationale and psychoeducation for each group exercise and is complete with sample forms worksheets and handouts Suitable for clinicians and students alike in the eating disorder field this guide on how to successfully begin and run your own group is a necessary resource

The Addiction Progress Notes Planner David J. Berghuis, 2005-08-11 The Addiction Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Addiction Treatment Planner Third Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 41 main presenting problems that range from opioid dependence to new chapters in this edition covering such co occurring disorders as chronic pain dangerousness lethality and self care deficits Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR diagnostic categories in The Addiction Treatment Planner Third Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the JCAHO and the NCQA

The Paper Office for the Digital Age, Fifth Edition Edward L. Zuckerman, Keely Kolmes, 2016-11-21 Significantly revised and updated to include online and computerized aspects of private practice this essential manual has given many tens of thousands of clinicians the complete record keeping and risk reduction tools that every psychotherapy practice needs The book provides effective methods for obtaining informed consent planning treatment and documenting progress managing HIPAA compliance maintaining clinical and financial records communicating with clients and third party payers and reducing malpractice risk Drawing from the professional literature it features key guidance and easy to digest pointers about the ethical legal and business aspects of practice With a large size format and lay flat binding for easy photocopying of the 53 reproducible forms and handouts the book includes a CD ROM that lets purchasers customize and print the reproducible materials New to This Edition Updated throughout to reflect today's greater use of electronic digital technologies in practice management Chapter on insurance and billing coping with managed care and Medicare Chapter on private practice marketing including Internet and social media dos and don'ts Expanded topics HIPAA compliance ICD 10 responding to subpoenas and using online technologies for billing communication and record keeping Information about hundreds of websites dealing with all aspects of operating a practice See also Clinician's Thesaurus 7th Edition and Clinician's Electronic

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Integrating Psychological and Pharmacological Treatments for Addictive Disorders James MacKillop,George A. Kenna,Lorenzo Leggio,Lara A. Ray,2017-07-06 *Integrating Psychological and Pharmacological Treatments for Addictive Disorders* distills the complex literature on addiction offering a curated toolbox of integrated pharmacological and psychotherapeutic treatments in chapters authored by leading experts Introductory chapters on the epidemiology etiology and fundamentals of addiction treatment provide a concise overview of the state of the field Subsequent chapters then focus on the treatment of specific substance use disorders and on gambling disorder Finally a chapter on the treatment of addiction in primary care addresses the opportunities for clinical care in non specialist outpatient settings Physicians psychologists social workers and other mental health professionals will come away from the book with an essential understanding of evidence based practice in treating addiction and the scientific foundations of those approaches

Mindful Crafts as Therapy Cynthia Evetts,Suzanne Peloquin,2017-04-28 Arts and crafts were one of the very first therapies employed by occupational therapists Today crafts are still employed as effective interventions for clients with mental health disorders physical dysfunctions cognitive issues and sensory concerns in hospitals outpatient clinics veterans centers schools skilled nursing facilities or community settings Step by step the authors show you how to use a wide range of novel and highly engaging crafts They explain how to connect the key tasks associated with an activity to functional outcomes and how to modify them to meet the specific needs of individual patients They also address the issues of documentation and reimbursement The Child Clinician's Report-writing Handbook Ellen Braaten,2007-02-08 What an incredible resource Braaten has written what is clearly the most comprehensive child assessment handbook available This indispensable book carefully walks the clinician through the entire assessment process and covers all conceivable areas of inquiry This is an essential guide for the beginning practitioner and one that is sure to become a mainstay on every child clinicians bookshelf Lee A Ros n PhD Colorado State University *Human Behavior, Learning, and the Developing Brain* Donna Coch,Geraldine Dawson,Kurt W. Fischer,2010-06-15 Thoroughly examining brain behavior relationships in atypically developing children this important volume integrates theories and data from multiple disciplines Leading authorities present research on specific clinical problems including autism Williams syndrome learning and language disabilities ADHD and issues facing infants of diabetic mothers In addition the effects of social stress and maltreatment on brain development and behavior are reviewed Demonstrating the uses of cutting edge methods from developmental neuroscience developmental psychology and cognitive science the contributors emphasize the implications of their findings for real world educational and clinical practices Illustrations include eight pages in full color This book will be important reading for practitioners and researchers in developmental and cognitive neuroscience neuropsychology developmental psychology clinical psychology

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