

Symptoms Of Post-Traumatic Stress Disorder (PTSD)



Intrusive Thoughts



Nightmares & Flashbacks



Hypervigilance
or always on guard



Anxiety & Depression



Difficulty
Sleeping or
Concentrating



Substance Use
or Self
Destructive
Behavior

Post Traumatic Stress Disorder Ptsd

M Planty



Post Traumatic Stress Disorder Ptsd:

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