

CHARTING EXAMPLES FOR PHYSICAL ASSESSMENT

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SKIN, HAIR AND NAILS

Skin pink, warm, dry and elastic. No lesions or excoriations noted. Old appendectomy scar right lower abdomen 4 inches long, thin, and white. Sprinkling of freckles noted across cheeks and nose. Hair brown, shoulder length, clean, shiny. Normal distribution of hair on scalp and perineum. Hair has been removed from legs, axillae. Nails form 160 degree angle at base, are hard, smooth, and immobile. Nailbeds pink without clubbing. Cuticles smooth, no detachment of nailplate. Hands well-manicured with clear enamel.

HEAD AND NECK

Head symmetrically round, hard, and smooth without lesions or bumps. Face oval, smooth, and symmetrical. Temporal artery elastic and nontender. Temporomandibular joint palpated with full range of motion without tenderness. Neck symmetric with centered head position and no bulging masses. C7 is visible and palpable with neck flexion. Has smooth, controlled, full range of motion of neck. Thyroid gland nonvisible but palpable when swallowing. Trachea in midline. Lymph nodes nonpalpable.

EYE AND EAR

Acuity by Snellen chart O.D. 20/20, O.S. 20/20. Visual fields full by confrontation. Extraocular movements smooth and symmetric with no nystagmus. Eyelids in normal position with no abnormal widening or ptosis. No redness, discharge, or crusting noted on lid margins. Conjunctiva and sclera appear moist and smooth. Sclera white with no lesions or redness. No swelling or redness over lacrimal gland. Cornea is transparent, smooth, and moist with no opacities, lens is free of opacities. Irises are round, flat, and evenly colored. Pupils are equal in size and reactive to light and accommodation. Pupils converge evenly. Ears are equal in size bilaterally. Auricles are aligned with the corner of each eye. Skin smooth, no lumps, lesions, nodules. No discharge. Nontender on palpation. Small amount of moist yellow cerumen in external canal. Whisper test : patient repeats 2 syllable word.

MOUTH, THROAT, NOSE, AND SINUS

Lips pink, smooth, and moist without lesions. Buccal mucosa pink, moist,

Sample Physical Assessment Documentation

Clemens Wendtner



Sample Physical Assessment Documentation:

Health Assessment in Nursing Janet Weber, Jane Kelley, 2009-10-01 Now in its Fourth Edition Health Assessment in Nursing is a colorful user friendly introductory level health assessment text for RN level students Targeted to ADN and BSN programs this text presumes no prior knowledge of health assessment and is part of a suite that includes Lab Manual to Accompany Health Assessment in Nursing Nurses Handbook of Health Assessment and Weber Kelley s Interactive Nursing Assessment For this edition the COLDSPA mnemonic which guides students through investigation of symptoms has been revised to show specific applications to content in each chapter A sample application of COLDSPA is presented at the beginning of each chapter s Nursing History section and another accompanies each case study The Frail Elderly chapter has been streamlined with a stronger focus on the normal variations associated with assessment of elderly clients Includes DVD ROM

Nursing Care Plans and Documentation Lynda Juall Carpenito-Moyet, 2005-11-01 Enter the world of nursing care planning with confidence This informative guide is the perfect way to build your care planning and documentation skills Practical and easy to read material covers each phase of care plan development and record keeping for both surgical and non surgical interventions

Nursing Care Plans & Documentation Lynda Juall Carpenito-Moyet, 2009 The Fifth Edition of Nursing Care Plans and Documentation provides nurses with a comprehensive guide to creating care plans and effectively documenting care This user friendly resource presents the most likely diagnoses and collaborative problems with step by step guidance on nursing action and rationales for interventions New chapters cover moral distress in nursing improving hospitalized patient outcomes and nursing diagnosis risk for compromised human dignity The book includes over 70 care plans that translate theory into clinical practice Online Tutoring powered by Smarthinking Free online tutoring powered by Smarthinking gives students access to expert nursing and allied health science educators whose mission like yours is to achieve success Students can access live tutoring support critiques of written work and other valuable tools

Guide to Clinical Documentation Debra D Sullivan, 2018-07-25 Understand the when why and how Here s your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You ll find a wealth of examples exercises and instructions that make every point clear and easy to understand

Evidence-Based Physical Examination Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2020-01-27 The first book to teach physical assessment techniques based on evidence and clinical relevance Grounded in an empirical approach to history taking and physical assessment techniques this text for healthcare clinicians and students focuses on patient well being and health promotion It is based on an analysis of current evidence up to date guidelines and best practice recommendations It underscores the evidence acceptability and clinical relevance behind physical assessment techniques Evidence Based Physical Examination offers the unique perspective of teaching both a holistic and a scientific approach to assessment

Chapters are consistently structured for ease of use and include anatomy and physiology key history questions and considerations physical examination laboratory considerations imaging considerations evidence based practice recommendations and differential diagnoses related to normal and abnormal findings Case studies clinical pearls and key takeaways aid retention while abundant illustrations photographic images and videos demonstrate history taking and assessment techniques Instructor resources include PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank This is the physical assessment text of the future Key Features Delivers the evidence acceptability and clinical relevance behind history taking and assessment techniques Eschews traditional techniques that do not demonstrate evidence based reliability Focuses on the most current clinical guidelines and recommendations from resources such as the U S Preventive Services Task Force Focuses on the use of modern technology for assessment Aids retention through case studies clinical pearls and key takeaways Demonstrates techniques with abundant illustrations photographic images and videos Includes robust instructor resources PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank Purchase includes digital access for use on most mobile devices or computers

Physical Examination and Health Assessment E-Book Carolyn Jarvis, 2019-01-07 With an easy to follow approach and unmatched learning support Jarvis's Physical Examination and Health Assessment 8th Edition is the most authoritative complete and easily implemented solution for health assessment in nursing This tightly integrated learning package continues to center on Carolyn Jarvis's trademark clear logical and holistic approach to physical examination and health assessment across the patient lifespan It's packed with vivid illustrations step by step guidance and evidence based content to provide a complete approach to health assessment skills and physical examination With a fresh focus on today's need to know information the 8th edition integrates QSEN and interprofessional collaboration features enhanced inclusion of LGBTQ considerations includes a new standalone Vital Signs chapter and provides enhanced EHR and documentation content The most trusted name in health assessment for nurses now in its 8th edition A clear conversational step by step evidence based approach to physical examination and health assessment of patients throughout the lifespan A consistent format from chapter to chapter features sections on Structure and Function Subjective Data Objective Data Documentation and Critical Thinking and Abnormal Findings to help you learn to assess systematically UPDATED An unsurpassed collection of more than 1 100 full color illustrations has been updated to vividly showcase anatomy and physiology examination techniques and abnormal findings Enhanced content on the electronic health record charting and narrative recording exemplify how to document assessment findings using state of the art systems with time tested thoroughness Engaging learning resources include assessment video clips NCLEX Exam review questions case studies with critical thinking activities audio clips of heart lung and abdominal sounds assessment checklists and much more Promoting a Healthy Lifestyle boxes present opportunities for patient teaching and health promotion while performing the health assessment Developmental

Competence sections highlight content specific to infants children adolescents pregnant women and older adults Culture and Genetics sections include information on biocultural and transcultural variations in an increasingly diverse patient population NEW Standalone Vital Signs chapter and refocused nutrition content include an expanded emphasis on the national epidemic of obesity NEW Enhanced integration of QSEN and interprofessional collaboration emphasize how to ensure patient safety during the physical exam and how to collaborate with other health professionals to promote optimal health NEW Enhanced inclusion of LGBTQ issues and revamped and refocused Cultural Assessment chapter equip you with the skills to practice with greater sensitivity and inclusivity NEW Health Promotion and Patient Teaching sections underscore the unique role of nurses especially advanced practice nurses in health promotion

Physical Examination and Health Assessment - Canadian E-Book Carolyn Jarvis, 2023-03-14 Learn how to take a clear logical and holistic approach to physical examination and health assessment across the lifespan Using easy to follow language detailed illustrations summary checklists and new learning resources *Physical Examination Health Assessment 4th Canadian Edition* is the gold standard in physical examination textbooks This new edition reflects today's nursing practice with a greater focus on diverse communities evidence informed content throughout and new and enhanced case studies focusing on critical thinking and clinical judgement It's easy to see why this text is 1 with Canadian nursing students Approximately 150 normal and abnormal examination photos for the nose mouth throat thorax and pediatric assessment give you a fresh perspective on these key system examinations with cultural diversity and developmental variations Social determinants of health considerations cover the shifting landscape of Canada's populations with strategies for integrating social economic and ethnocultural diversity into students health assessments Assessment strategies relevant to Indigenous populations harm reduction nutrition and transgender persons inform practitioners on respectful complete care Sectional colour bars segment body systems according to content Structure and Function Subjective Data Objective Data Documentation and Critical Thinking Abnormal Findings Documentation and critical thinking sections provide real world clinical examples of specific patients and how to document assessment findings Abnormal findings tables help you recognize sort and describe abnormalities Separate chapter on pregnancy provides a thorough foundation for assessing the pregnant patient Developmental Considerations sections highlight content specific to infants children adolescents pregnant individuals and older adults Content covering the electronic health record charting and narrative recording provides examples of how to document assessment findings Two column format distinguishes normal findings from abnormal findings and uses full colour step by step photos to clarify examination techniques and expected findings Promoting Health boxes focus on this key aspect of Canadian health care Summary checklists offer reviews of key examination steps

Study Guide to Accompany Advanced Pediatric Assessment, Third Edition Ellen M. Chiocca, 2019-08-30 The only certification study guide to focus on advanced infant and child health assessment This is the only study guide available focusing specifically on the specialized knowledge and skills required to conduct the pediatric health assessment

Designed to accompany the text Advanced Pediatric Assessment it reinforces essential content through case studies and multiple choice Q As that mirror the Pediatric Nurse Practitioner Certification Exam format The third edition includes new critical thinking exercises case studies and certification style Q As It delivers a completely new chapter that covers clinical decision making formulating differential diagnoses and evidence based practice It also provides SOAP notes for the well and abnormal exams The third edition continues to deliver essential practice items for all aspects of the exam along with sample documentation and a space where students can practice their own subjective and objective findings In addition Anatomic Labeling Exercises reinforce knowledge essential to the APN role Each chapter is formatted systematically for ease of use and includes chapter overview learning objectives essential terminology case studies the well child the ill child child with problem multiple choice questions mirroring the exam format SOAP notes for well and abnormal exams and answers New to the Third Edition Includes new critical thinking exercises case studies and certification style exam questions Delivers completely new chapter addressing clinical decision making formulating differential diagnoses and evidence based practice Provides SOAP notes for well and abnormal exams Key Features Reinforces content for Advanced Pediatric Assessment with case studies and multiple choice Q As that mirror certification exam format Provides essential practice items for the exam Includes Anatomic Labeling Exercises to reinforce required knowledge Delivers essential terminology Offers sample documentation and space for students to practice their own documentation

Bates' Guide To Physical Examination and History Taking Rainier P. Soriano, 2025-09-15 Bates Guide to Physical Examination and History Taking 14th Edition is the trusted resource for mastering patient assessment carefully tailored to meet the evolving needs of students educators and healthcare practitioners Whether you re beginning your career in healthcare or seeking to enhance your clinical skills this updated edition has been thoughtfully updated to address the evolving needs of today s healthcare landscape

Advanced Health Assessment and Diagnostic Reasoning Jacqueline Rhoads, Sandra Wiggins Petersen, 2024-09-13 Provides the Essential Data to Formulate a Diagnosis and Treatment Plan Advanced Health Assessment and Diagnostic Reasoning continues to deliver a comprehensive overview of general strategies for health history taking physical examination and documentation in an exciting new fifth edition The authors expertly cover the diagnostic reasoning process that providers must follow when assessing an actual case They outline each step of the health assessment process and further demonstrate the link between health history and physical examination They also provide the healthcare professional with the essential data needed to formulate a diagnosis and treatment plan With the Fifth Edition s comprehensive coverage and logical presentation of content students will know how to confidently conduct a complete health assessment and make appropriate diagnostic interventions based on evidence from the health assessment Introductory chapters cover general strategies for health history taking physical examination and documentation after which content progresses to the clinical aspects of assessment with focus on various systemic disorders Every clinical chapter contains a Differential Diagnosis of

Common Disorders table that summarizes significant findings in the history and physical exam and gives pertinent diagnostic tests for common disorders Clinical chapters also feature an Assessment of Special Populations section that highlights important information on assessing pregnant neonatal pediatric and geriatric patients Case studies are integrated into each chapter providing patient histories and sample documentation of the history and physical examination Every new print copy is packaged with access to Navigate Premier featuring the complete eBook Interactive Case Studies Interactive Lectures 3D animations of the Heart and Lung with real recorded audio and learning analytics reporting tools Instructor resources include a sample Syllabus Objectives Competencies Mapping Slides in PowerPoint format and Test Bank This text is ideal for Health Assessment courses at MSN and DNP level 2025 500 pages

Seidel's Guide to Physical Examination - E-Book
Jane W. Ball, Joyce E. Dains, John A. Flynn, Barry S. Solomon, Rosalyn W. Stewart, 2014-02-01

Seidel's Guide to Physical Examination is a comprehensive textbook of physical examination history taking and health assessment with a unique emphasis on differential diagnosis and variations across the lifespan The book conveys a uniquely compassionate patient centered approach to physical examination with a strong evidence based foundation Evidence Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patients functional ability Staying Well boxes focus you on patient wellness and health promotion Risk Factor boxes provide opportunities for patient teaching or genetic testing for a variety of conditions Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings Abnormal Findings tables equip you with a quick illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data NEW Advance Practice Skills highlighted throughout text makes identification and reference easier for students NEW Updated content throughout provides you with cutting edge research and a strong evidence based approach to care NEW Vital Signs and Pain Assessment Chapter groups important foundational tasks together for easy reference in one location NEW Improve readability ensures content remains clear straightforward and easy to understand NEW Updated illustrations and photographs enhances visual appeal and clarifies anatomic concepts and exam techniques

Emergency, 2006 Emergency Medical Technician *Pocket Companion for Physical Examination and Health Assessment* Carolyn Jarvis, PhD Apn Cnp, 2015-03-30 Take this nursing handbook into the clinical setting Pocket Companion for Physical Examination Health Assessment 7th Edition makes it fast and easy to look up essential assessment skills and techniques You ll conduct more effective exams by referring to summaries of examination steps normal versus abnormal findings lifespan and multicultural considerations and over 250 full color photos and illustrations Written by well known

educator and clinician Carolyn Jarvis this handbook is a perfect clinical tool whether you re a beginner who is learning assessment skills or a practitioner who needs a portable reference Convenient two column format makes it easier to access learn and understand key physical examination skills and findings More than 250 full color illustrations demonstrate examination skills underlying anatomy and physiology and normal and abnormal findings Color coded design helps you easily locate the information you need dividing each body system chapter into major sections anatomy subjective data objective data and abnormal findings Abnormal findings tables help you recognize sort and describe key abnormal findings Summary checklists offer reviews of key examination steps for quick reference Developmental Competence sections highlight content specific to infants children adolescents pregnant women and older adults Spanish language translation chart helps you improve communication with Hispanic patients during the physical examination Cultural Competence sections provide a context for care of multicultural patient groups NEW evidence based guidelines reflect a focus on conducting the most effective qualitative exams NEW content on the Electronic Health Record charting and narrative recording includes examples of how to document assessment findings NEW photos of normal and abnormal findings show the nose mouth throat thorax and pediatric assessment including developmental and cultural variations *Intermediate Emergency Care and Transportation of the Sick and Injured* Rhonda J. Beck, American Academy of Orthopaedic Surgeons, 2004-09 This text bridges the gap between the two curricula while still keeping them separate making it user friendly for any instructor and students

Advanced Pediatric Assessment Set, Third Edition Ellen M. Chiocca, 2019-09-15 Everything you ll need to learn advanced pediatric assessment in one handy and affordable set This set delivers the specialized knowledge and skills for pediatric health and illness assessment alongside corresponding critical thinking exercises case studies and certification style exam questions Comprehensive and detailed it emphasizes the unique anatomic and physiologic differences among infants children and adults The textbook now in FOUR COLOR newly addresses toxic stress and trauma informed care and child witnesses to violent acts Additionally the book provides several new features facilitating quick access to key information along with NEW instructor and student resources The study guide delivers a completely new chapter that covers clinical decision making formulating differential diagnoses and evidence based practice and also provides SOAP notes for the well and abnormal exams New to the Third Edition All new FOUR COLOR presentation in the textbook NEW instructor resources Power Points Test Bank Image Bank Updated clinical practice guidelines Clinical decision making formulating differential diagnoses and evidence based practice Immigrant and refugee health Toxic stress and trauma informed care Family developmental nutritional and child mistreatment assessment Key Features Includes clinical practice guidelines for common medical conditions Incorporates up to date screening and health promotion guidelines Provides exam style essential practice items for the exam Includes Anatomic Labeling Exercises to reinforce required knowledge Delivers essential terminology Offers sample documentation and space for students to practice their own documentation skills *Recognition, Evaluation,*

and Control of Indoor Mold Bradley Prezant, Donald M. Weekes, J. David Miller, 2008 *Advanced Health Assessment and Diagnostic Reasoning* Rhoads, Sandra Wiggins Petersen, 2016-12-05 *Advanced Health Assessment and Diagnostic Reasoning* Third Edition covers the diagnostic reasoning process that providers must follow when assessing an actual case. The text outlines each step of the health assessment process and further demonstrates the link between health history and physical examination. It also provides the healthcare professional with the essential data needed to formulate a diagnosis and treatment plan. New Online Course *Advanced Health Assessment and Diagnostic Reasoning* Third Edition features Navigate Premier Access, a robust online course complete with interactive lectures, eBook with health assessment videos and audio clips, syllabus, instructor resource guide, image bank, practice activities, discussion questions, and testing items. Key Features: Outlines the health assessment and diagnostic reasoning process for a nurse practitioner assessing a new patient. Provides the essential data needed to formulate a diagnosis and treatment plan. Covers the anatomy and physiology of each system. Includes coverage of specific populations: pediatric, pregnancy, geriatric. Navigate 2 Premier Access.

Independent and Supplementary Prescribing At a Glance Barry Hill, Aby Mitchell, 2022-11-15 *Independent and Supplementary Prescribing At a Glance* The market leading *at a Glance* series is popular among healthcare students and newly qualified practitioners for its concise, simple approach and excellent illustrations. Each bite-sized chapter is covered in a double-page spread with clear, easy-to-follow diagrams supported by succinct explanatory text. Covering a wide range of topics, books in the *at a Glance* series are ideal as introductory texts for teaching, learning, and revision and are useful throughout university and beyond. Everything you need to know about *Independent and Supplementary Prescribing at a Glance*. *Independent and Supplementary Prescribing At a Glance* is an accessible and practical resource for healthcare students looking to become independent and supplementary prescribers. Each part of the book is mapped against a recognised prescribing framework published by the Royal Pharmaceutical Society (RPS) for all Registered Healthcare Professionals and addresses NMC and HCPC regulatory body requirements. The text presents full-colour images, a user-friendly approach to key prescribing topics, and a structure that allows readers to dip in and out as needed, appealing to a variety of learning styles. Topics include: Professional, legal, and ethical prescribing considerations; independent and supplementary prescribing; critical thinking and clinical reasoning; exploring interventions and differential diagnosis; non-pharmacological approaches and pharmacological treatment options; prescribing reference guides; medication selection and how to prescribe; Holistic assessment; quality of life and evidence-based practice; public health; infection prevention and control; consultation models and principles of history taking and physical examination skills; Building relationships; inclusive prescribing and informed choices; medicine optimisation; adverse reactions and prescribing generic products. *Independent and Supplementary Prescribing At a Glance* is a comprehensive and complete learning and study resource for Registered Nurses, Registered Midwives, Physician Associates, and Healthcare Professionals who want to become independent prescribers within the UK. For more information on the

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This book delves into Sample Physical Assessment Documentation. Sample Physical Assessment Documentation is a vital topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Sample Physical Assessment Documentation, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
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 - Chapter 3: Sample Physical Assessment Documentation in Everyday Life
 - Chapter 4: Sample Physical Assessment Documentation in Specific Contexts
 - Chapter 5: Conclusion
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 6. In chapter 5, the author will draw a conclusion about Sample Physical Assessment Documentation. This chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Sample Physical Assessment Documentation.

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