# Reflection Paper: Nursing Experience

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Being a nurse is a great privilege for me as my dreams have come true and I am helping people when they need assistance most. For me, each day spent in the hospital is full of valuable experiences as I learn a lot every minute. Therefore, it is quite difficult to think of the most valuable experience clinically. One of such cases was during my first days in the hospital when I had to work with a very specific patient who was angry and demanding. Of course, I understood that the man was in pain and his irritation was due to his poor health condition but he was quite abusive several times. I could lose my temper and tell him off but I pulled myself together. I would come to his ward and complete my tasks always smiling and talking to him. In a few days, I knew about his major concerns and could comfort him. When he left, we parted as old friends and he was grateful for my attitude. Now I know that I can find a way to every patient's heart to comfort him/her.

This experience is closely connected with one of my 'preceptors'. She was a great model for me as she was always positive and used humor as her major weapon. She could communicate even with the 'hardest' patients who seemed to try their best to insult healthcare professionals. I learnt from her loads of valuable lessons. One of them was to be positive and try to find a path to each patient. What is more, I learnt to develop proper relationships with other healthcare professionals. This woman managed to gain authority among her colleagues and patients and everyone was respectful. Another important thing I learnt from her is teaching patients to cope with their health conditions. I noticed that those who refuse to move have more health problems than those who are trying to be active. Some of my colleagues said it was an attempt to complete fewer tasks but I believe this is a good strategy which makes patients more responsible, more active and, as a result, makes them healthier. Now I am using lots of her tricks to develop relationships with everybody and I have to say that she is a genius as all these tools really work.

As has been mentioned above, I believe I have chosen the right way and I am a good nurse who can function in all sites. However, I think that the ward is where the nurse belongs. I like being with patients and try to spend as much time as possible with them. I believe that patients need our psychological help even more than clinical services and I will go into detail on that matter below. I admire nurses who work in

# **Sample Nursing Reflection Paper**

**S Marginson** 

## **Sample Nursing Reflection Paper:**

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Proposal Writing for Clinical Nursing and DNP Projects, Second Edition Wanda Bonnel, Katharine V. Smith, 2017-07-28 Amazon 11 reviews for 5 star average Excellent very helpful to the point concise without leaving out important details Really helps and is easy to understand This practical concise and accessible guide for graduate students and advanced clinicians delivers step by step guidelines for integrating research and best evidence to produce concise well written project proposals Health care professionals in advanced practice are increasingly being asked to be able to deliver clinical project proposals using best evidence for advancing quality patient care With the same must know clinical scholarship tools of the first edition this revision provides practical guidelines of common project models for developing and writing a tight proposal from start to finish while leaving room for the unique nature of most clinical project topics The second edition includes a completely new chapter on quality improvement concepts new project proposal abstracts and new information specific to the DNP project from the AACN Using the same three part organization to walk through the intricacies of planning writing and completing scholarly project proposals this new edition also adds new key features to keep readers engaged with the text and their own ongoing or forthcoming proposal Chapters have been updated to include websites for additional learning as well as advice from DNP students who have themselves successfully completed project proposals Reflective questions tips for completing proposals exemplars and reader activities throughout the book facilitate readers greater understanding of projects and subsequent proposals New to the Second Edition A new chapter on quality improvement concepts Advice from DNP students who have themselves completed proposals Chapter updates and edits for enhanced clarity Websites for additional learning New information specific to the DNP project based on guidance from the AACN Increased emphasis on the Project Triangle an important foundational structure Key Features Provides topflight guidance in proposal writing for DNP and other nursing clinical projects Details parameters for integrating scholarship with clearly communicated professional objectives Contains numerous writing prompts and questions that guide students in reflective scholarly writing Offers examples of good writing reflective questions and tools for self assessment Offers helpful tips for making proposals concise yet complete Writing Skills for Nursing and Midwifery Students Dena Bain Taylor, 2012-11-16 Nursing and midwifery students are required to communicate in writing in a variety of forms for a variety of potential audiences including their colleagues allied health professionals administrators and most importantly their patients and the public Dena Bain Taylor is an experienced teacher of writing and critical skills across the range of allied health professions and understands the types of writing nursing and midwifery students do and the writing issues they face Her accessible straightforward book tailored specifically to the content and conventions of nursing and midwifery curricula

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transformative teaching of caring science Creating a Caring Science Curriculum A Relational Emancipatory Pedagogy for Nursing reflects the paramount scholarship of Caring Science educators This second edition intertwines visionary thinking with blueprints exemplars and dynamic direction for the application of fundamental principles It goes beyond the conventional by offering a model that serves as an emancipatory ethical philosophical educational and pedagogical learning quide for both teachers and students Divided into five units the text addresses the history of the caring curriculum revolution and its powerful presence within nursing Unit I lays the foundation for a Caring Science curriculum Unit II introduces intellectual and strategic blueprints for caring based education including action oriented approaches for faculty student relations teaching learning skills pedagogical practices critical reflective creative approaches to evolving human consciousness and power relation dynamics Unit III addresses curriculum structure and design the evolution of a caring based college of nursing caring in advanced practice education and the development of caring consciousness in nurse leaders It also features real world exemplars of Caring Science curricula Unit IV includes an alternative approach to clinical and course based evaluation and the text concludes with an exploration of the future of the Caring Science curriculum as a way of emancipating the human spirit Each chapter is structured to maximize engagement with reflective exercises and learning activities that encourage the integration of theory and practice into the learning process New to This Edition Updated chapters case studies and learning activities Six new chapters that provide guidance on how to create a Caring Science curriculum Exemplars from institutions that have developed Caring Science curricula Key Features Provides a broad application of Caring Science for teachers students and nursing leaders Features case studies of teacher student lived learning experiences within a caring loving pedagogical environment Encourages the integration of theory and practice into the learning process with learning activities and reflective exercises Distills the expertise of world renowned Caring Science Evaluation Beyond Exams in Nursing Education Robin Dennison, Robin Donohoe Dennison, John scholars Rosselli, Anita Dempsey, 2014-07-29 Print CourseSmart <u>Evidence-Based Faculty Development Through the Scholarship of</u> Teaching and Learning (SoTL) Plews, Rachel C., Amos, Michelle L., 2020-01-10 Educational developers play a central role in supporting faculty members and informing their ongoing professional development programming through the scholarship of teaching and learning SoTL SoTL presents an opportunity for faculty professional development that is action oriented evidence based and engaging for faculty members at any stage in their academic career Evidence Based Faculty Development Through the Scholarship of Teaching and Learning SoTL is a critical scholarly publication that examines SoTL research as a method of professional development for educational developers and higher education faculty members Highlighting topics such as professional development research ethics and faculty engagement this book is ideal for deans professors department chairs academicians administrators educational developers curriculum designers researchers and students Simulation: Best Practices in Nursing Education Vicki Moran, Rita Wunderlich, Cynthia

Rubbelke, 2018-05-29 This book focuses on evidence based standards for simulation in nursing education The foundational principle of simulation excellence and its relevance to nursing is defined and infuses throughout the book It also discusses necessary components for quality simulation from development to implementation These areas include but are not limited to theoretical background accreditation and approval standards the simulation environment developing and implementing simulations and debriefing These subject areas are approached following a thorough review of the literature and current practices identified from the International Nursing Association for Clinical Simulation and Learning INACSL Society for Simulation in Healthcare SSH National League for Nursing NLN and State Boards of Nursing This guick reference title will become the best practice standards for simulation excellence in nursing education *The Road to Nursing* Nick Arnott, Penny Paliadelis, Mary Cruickshank, 2018-10-19 Commencing a nursing qualification can be an exciting and daunting prospect The Road to Nursing empowers nursing students to become effective practitioners by providing an in depth foundational knowledge of the key concepts and skills that will underpin their entire nursing journey Written by an expert team of academics and practising nurses this text emphasises the importance of meaning making supporting students to critically engage with key knowledge that informs their ongoing learning development and professional identity Each chapter supports learning through pedagogical features including case studies nursing perspectives reflections key terms review questions and research topics The additional activities accessed through the VitalSource eBook reaffirm comprehension and encourage critical thinking The Road to Nursing is written in an accessible narrative style providing a friendly guiding voice that will support students from the classroom into practice Handbook of Reflection and Reflective Inquiry Nona Lyons, 2010-04-07 Philosophers have warned of the perils of a life spent without reflection but what constitutes reflective inquiry and why it's necessary in our lives can be an elusive concept Synthesizing ideas from minds as diverse as John Dewey and Paulo Freire the Handbook of Reflection and Reflective Inquiry presents reflective thought in its most vital aspects not as a fanciful or nostalgic exercise but as a powerful means of seeing familiar events anew encouraging critical thinking and crucial insight teaching and learning In its opening pages two seasoned educators Maxine Greene and Lee Shulman discuss reflective inquiry as a form of active attention Thoreau s wide awakeness an act of consciousness and a process by which people can understand themselves their work particularly in the form of life projects and others Building on this foundation the Handbook analyzes through the work of 40 internationally oriented authors Definitional issues concerning reflection what it is and is not Worldwide social and moral conditions contributing to the growing interest in reflective inquiry in professional education Reflection as promoted across professional educational domains including K 12 education teacher education occupational therapy and the law Methods of facilitating and scaffolding reflective engagement Current pedagogical and research practices in reflection Approaches to assessing reflective inquiry Educators across the professions as well as adult educators counselors and psychologists and curriculum developers concerned with adult learning will find the Handbook of

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Index Medicus, 2002 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings

Applying Occupational Psychology to the Fire Service Thomas Rhys Evans, Gail Steptoe-Warren, 2019-05-18 Applying Occupational Psychology in the Fire Service Emotion Risk and Decision Making provides readers with an overview of the latest research informing the policies procedures and practices of those working on the ground in the UK Fire Service Using best practice principles and cutting edge theory the current text demonstrates how occupational psychology can be applied to fire services around the globe to improve individual management and organisational decisions The authors aim to provide students trainees practitioners and fire personnel with a unique insight into a range of topics including resilience injury work related wellbeing community engagement as well as decision making and operational preparedness This book represents a call to arms for more robust practices to support the Fire Service highlighting the psychological factors involved in the firefighter occupation and paving the way towards a better understanding of emotion risk safety and decision making within the fire context

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