

Two Ways to Solve Every Problem: Dropping a Baseball

Find speed at which the ball hits the ground

First Way - Kinematics

$$V_i = 0$$

$$V_f = ?$$

$$d = 2\text{m}$$

$$a = 9.81\text{m/s}^2$$

$$t =$$

$$V_f^2 = V_i^2 + 2ad$$

$$\sqrt{V_f^2} = \sqrt{2ad}$$

$$V_f = \sqrt{2ad}$$

$$V_f = \sqrt{2(9.81\text{m/s}^2)(2\text{m})}$$

$$V_f = 6.26\text{m/s}$$

Second Way - Energy

$$\text{A } \textcircled{1} \quad PEG_{\text{initial}} = mgh$$

$$KE_A = 0$$

$$KE_B = PEG_{\text{initial}}$$

$$\frac{1}{2}mv_f^2 = mgh$$

$$\sqrt{V_f^2} = \sqrt{2gh}$$

$$V_f = \sqrt{2gh}$$

$$V_f = \sqrt{2(9.81\text{m/s}^2)(2\text{m})}$$

$$V_f = 6.26\text{m/s}$$

$$h = 2\text{m}$$

$$\text{B } \textcircled{1}$$

$$PEG_B = 0$$

$$KE_B = \frac{1}{2}mv_f^2$$

Floor

Work-Energy Theorem

- When you do work on an object, you transfer Energy from one object to another

$$W = \Delta E_T$$

$$W = Fd$$

 Delta (Δ) - change

$$W = Fd = \Delta E_T$$

 E_T - Total Energy

Sample Problems:

- You lift a 2.0 kg book from a shelf that is 1.0 m above the floor. A) What is the PEG of the book with respect to the floor? B) How much work do you do if you lift the book up to a shelf that is 2.5 m above the floor?

$$\text{a) } PEG = mgh = (2.0\text{kg})(9.81\text{m/s}^2)(1.0\text{m})$$

$$PEG = 19.6\text{ J}$$

$$\text{b) } W = \Delta PEG = mgh = (2.0\text{kg})(9.81\text{m/s}^2)(1.5\text{m})$$

$$h = 1.5\text{m}$$

$$m = 2.0\text{kg}$$

$$W = 29.4\text{ J}$$

- A 1000 kg car traveling at 40 m/s slows to 20 m/s. A) What is KE_i ? B) What is KE_f ? C) How much work is done on the car in slowing it down? D) What force does the work on the car?

$$\text{a) } KE_i = \frac{1}{2}mv_i^2 = \frac{1}{2}(1000\text{kg})(40\text{m/s})^2$$

$$KE_i = 800\text{ kJ}$$

$$\text{b) } KE_f = \frac{1}{2}mv_f^2 = \frac{1}{2}(1000\text{kg})(20\text{m/s})^2 = 200\text{ kJ}$$

$$KE_f = 200\text{ kJ}$$

$$\text{c) } W = \Delta KE = 200\text{ kJ} - 800\text{ kJ} = -600\text{ kJ}$$

$$W = -600\text{ kJ}$$

- Friction on brakes + air

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Lei Huang



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