

ADN Nurse Simulation Scenario 1: CHF with Pulmonary Edema

Goal: Recognize declining respiratory status. Identify assessments needed for this situation. Take corrective actions within their scope of practice. Understand Patient safety issues tied to hypoxia and confusion.

MBON abilities: Effective communication.

Manikin	Supplies on	Supplies available
Adult female (standard man)	Saline lock	Monitor, BP cuff
Diaphoretic (spritz)	Partial non-rebreather	Venti-mask/ BiPap
Ankle edema (hose with batting)		Meds: furosemide, morphine, metoprolol
BP – 170's/80's	Gown, slippers	
Alert		
Lung sounds – rales RR – 36-40		

- **Situation:** Mary Jones was planning a car trip. She did not feel good in the morning, but decided to go anyway. In route, she developed shortness of breath and a weak cough. She then began to have frothy pink sputum. She was located in a remote rural area. Family drove her to the closest hospital. She came to the ED, was treated with Lasix 20 mg IV and now has come to your unit.

Background

- history of Diet controlled diabetes, hypertension, hypercholesterolemia
- Smoked 1 ppd for 20 years, quit 10 years ago.
- Meds: Atenolol 50 mg daily, Lipitor 20 mg daily, Lasix 20 mg daily, Potassium 10 meq daily
- Allergies: PCN
- Code status: Full code

Clinical Course for CHF

Student Actions	Patient Condition/ Response	Educator Cues
Introduce self. Connect monitoring equipment		Walk them through the process
Baseline: Seen in ED, given Lasix 20 mg IV and sent to your unit	Alert Diaphoretic HR tachy, A-fib BP – 170's/80's RR – 36-40, rales, SOB	
Get oxygen saturation. Start O ₂ via Mask.		What
Begin admission assessment • Get medical history from patient • Where does she usually receive healthcare? • What is her code status? • Who should we call?	Patient appears a little confused – changes answers – not sure of what is happening	
head to toe assessment		What is your initial impression?
Listen to lung sounds	Rales, SOB	
Check for edema	Lower extremity edema	Where else would you look for edema? Sacrum

Sample Nurse Simulation Scenarios

Michael Rajnik



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