

CULINARY ARTS 1 & 2

MS. STORCH - ROOM 137

tstorch@ocfsd.org

COURSES DESCRIPTION

Culinary Arts 1 & 2 use the curriculum called ProStart, written by the National Restaurant Association as a **career-building program for high school students who are interested in culinary arts and restaurant management.** Reminder: this class is NOT about eating.

PREREQUISITES

CA1: Passed Foods & Nutrition

CA2: Passed Culinary Arts 1

ESSENTIAL UNDERSTANDINGS

- Follow complex, multistep food preparation procedures
- Translate quantitative or technical information expressed in a recipe into tangible form
- Exhibit employability using proper communication, sanitation, teamwork and skills
- Demonstrate proper identification and use of various kitchen equipment
- Research and identify opportunities in the culinary industry

TOPICS WE WILL COVER:

Culinary Arts 1

Chapter 1: Intro and History of Rest Industry
Chapter 2: Food Safety
Chapter 3: Workplace Safety
Chapter 4: Professionalism and Standard Recipes
Chapter 5: Equipment and Techniques
Chapter 6: Stocks, Sauces, and Soups
Chapter 7: Communication
Chapter 8: Management Essentials
Chapter 9: Fruits and Vegetables
Chapter 10: Serving Your Guests
Chapter 11: Potatoes and Grains
Chapter 12: Foodservice Career

Culinary Arts 2

Chapter 1: Breakfast Food and Sandwiches
Chapter 2: Nutrition
Chapter 3: Cost Control
Chapter 4: Salads and Garnishes
Chapter 5: Purchasing and Inventory
Chapter 6: Meat, Poultry, and Seafood
Chapter 7: Marketing
Chapter 8: Desserts and Baked Goods
Chapter 9: Sustainability
Chapter 10: Global Foods - Americas
Chapter 11: Global Foods - Asia, Middle East, Europe

BEHAVIOR: Every student deserves an environment conducive to learning. If you are a disruption to the learning environment or are preventing others from succeeding in class, you will lose points. Appropriate behavior through learning self-control is a part of becoming a responsible teenager and adult. See employability section.

EMPLOYABILITY: This class is an opportunity for you to learn and apply employability skills in a hands-on way. The way you behave, work with others, put forth real effort, and apply your learning will enhance your employability now and in the future, and will directly affect your grade in this class.

FOLDER: Every student must have a 2- pocket folder for this class. Bring it to class daily. If you keep this syllabus through the entire semester, I will give you 5 points at the end of the semester as a reward for being responsible and organized. (Both are important employability skills.)

Sample Culinary Arts Syllabus

**Dr. Gaurav Deep Singh, Dr. Gurvinder
Pal Singh, Prof. Shruti Chandrakant
Sonawane, Dr. Ashish Balasaheb
Jadhav, Milind B. Kshirsagar**

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Table of Contents Sample Culinary Arts Syllabus

1. Understanding the eBook Sample Culinary Arts Syllabus
 - The Rise of Digital Reading Sample Culinary Arts Syllabus
 - Advantages of eBooks Over Traditional Books
2. Identifying Sample Culinary Arts Syllabus
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Sample Culinary Arts Syllabus
 - User-Friendly Interface
4. Exploring eBook Recommendations from Sample Culinary Arts Syllabus

- Personalized Recommendations
- Sample Culinary Arts Syllabus User Reviews and Ratings
- Sample Culinary Arts Syllabus and Bestseller Lists
- 5. Accessing Sample Culinary Arts Syllabus Free and Paid eBooks
 - Sample Culinary Arts Syllabus Public Domain eBooks
 - Sample Culinary Arts Syllabus eBook Subscription Services
 - Sample Culinary Arts Syllabus Budget-Friendly Options
- 6. Navigating Sample Culinary Arts Syllabus eBook Formats
 - ePub, PDF, MOBI, and More
 - Sample Culinary Arts Syllabus Compatibility with Devices
 - Sample Culinary Arts Syllabus Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Sample Culinary Arts Syllabus
 - Highlighting and Note-Taking Sample Culinary Arts Syllabus
 - Interactive Elements Sample Culinary Arts Syllabus
- 8. Staying Engaged with Sample Culinary Arts Syllabus
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Sample Culinary Arts Syllabus
- 9. Balancing eBooks and Physical Books Sample Culinary Arts Syllabus
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Sample Culinary Arts Syllabus
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Sample Culinary Arts Syllabus
 - Setting Reading Goals Sample Culinary Arts Syllabus
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sample Culinary Arts Syllabus

- Fact-Checking eBook Content of Sample Culinary Arts Syllabus
- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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