

Salon Stylist Training Checklist

This checklist is designed to ensure that all stylists are equipped with the necessary skills and knowledge to excel in their roles. Each module must be completed thoroughly to provide the best service to our clients.

Basics of Haircare

- ☐ Understand different hair types and textures
- ☐ Learn about scalp care and health
- ☐ Identify common hair problems and treatment options
- ☐ Study basic hair chemistry (pH, product ingredients)
- ☐ Review daily haircare routines and product recommendations

Hair Cutting Techniques

- ☐ Practice basic haircuts (e.g., bob, layers, buzzcut)
- ☐ Learn how to perform restyle haircuts
- ☐ Perfect advanced cutting techniques for textured and curly hair
- ☐ Understand the importance of hair symmetry and sectioning
- ☐ Master clipper use and maintenance

Coloring and Chemical Processes

- ☐ Study color theory and color wheel applications
- ☐ Apply basic coloring techniques including root touch-up and full-color
- ☐ Practice using bleach and high-lift dyes safely

Salon Stylist Training Guide

Lei Huang

A red circular graphic with a gradient, appearing as a stylized arrow or a decorative element, positioned to the right of the author's name.

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