



Physical Education Sample Question Paper 2023-2024 Subject Code: - 048



GENERAL INSTRUCTIONS:

1. The question paper consists of 5 sections and 37 Questions.
2. Section A consists of question 1-18 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
3. Sections B consist of questions 19-24 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. Attempt any 5.
4. Sections C consist of Question 25-30 carrying 3 marks each and are short answer types and should not exceed 100-150 words. Attempt any 5.
5. Sections D consist of Question 31-33 carrying 4 marks each and are case studies. There is internal choice available.
6. Section E consists of Question 34-37 carrying 5 marks each and are short answer types and should not exceed 200-300 words. Attempt any 3.

(SECTION - A)

Q1. Identify the Asana:



- a) Pawanmuktasana
- b) Sukhasana
- c) Chakrasan
- d) Gomukhasana

Physical Education Paper Topics

Lingsheng Yao



Physical Education Paper Topics:

Adopting the Melody of Term: An Mental Symphony within **Physical Education Paper Topics**

In a global consumed by screens and the ceaseless chatter of instantaneous transmission, the melodic splendor and psychological symphony developed by the published term often fade into the background, eclipsed by the persistent noise and distractions that permeate our lives. Nevertheless, situated within the pages of **Physical Education Paper Topics** a wonderful literary value full of natural thoughts, lies an immersive symphony waiting to be embraced. Constructed by a masterful musician of language, this charming masterpiece conducts readers on a mental trip, skillfully unraveling the concealed songs and profound influence resonating within each cautiously constructed phrase. Within the depths of the poignant examination, we will discover the book is central harmonies, analyze its enthralling publishing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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