

# PERSONAL HYGIENE

## LESSON K-5

### PRINTABLE PDF



**Personal Hygiene**  
Post Test

When should you wash your hands with soap?

How often should you brush your teeth?

How often should you bathe/shower?

How often should you brush or comb your hair (if it is not braided)?

How often should your nails be trimmed?

Personal Hygiene

you learned about staying healthy before

Illustration of a child sitting at a desk with a bottle and a book.

# Personal Hygiene Lessons For 5th Grade

**United States. Office of Education**

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the United States Office of Education text.

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**Resources in Education** ,1995      The Essentials of Teaching Health Education Sarah Benes,Holly Alperin,2025-03-07  
The Essentials of Teaching Health Education Third Edition incorporates the 2024 SHAPE America National Health Education Standards and performance indicators to present a skills based approach to teaching preK 12 health education      *New Course of Study for the City and Town Elementary Public Schools of Nevada* Nevada. State Board of Education,1917      **San Francisco Municipal Reports ...** San Francisco (Calif.),1918      **Bulletin** ,1916      The Journal of Education Thomas Williams Bicknell,Albert Edward Winship,Anson Wood Belding,1916      Nutrition Education Printed Materials and Audiovisuals Shirley King Evans,1990      **Course of Study for the Public Schools of Newark, N. J.** Newark (N.J.). Board of Education,1897      **Journal of Health, Physical Education, Recreation** ,1936      **School** ,1924      *Nutrition and the Elderly* Shirley King Evans,1990      **Directory of Distance Learning Opportunities** Modoc Press, Inc.,2003-02-28 This book provides an overview of current K 12 courses and programs offered in the United States as correspondence study or via such electronic delivery systems as satellite cable or the Internet The Directory includes over 6 000 courses offered by 154 institutions or distance learning consortium members Following an introduction that describes existing practices and delivery methods the Directory offers three indexes Subject Index of Courses Offered by Level Course Level Index Geographic Index All information was supplied by the institutions Entries include current contact information a description of the institution and the courses offered grade level and admission information tuition and fee information enrollment periods delivery information equipment requirements credit and grading information library services and accreditation      Annual Report of the Board of Education of the City of Newark ,1901      *Annual Report of the Board of Education of the City of Newark* Newark (N.J.). Board of Education,1900      The Public Schools of Columbia, South Carolina ,1918      *BULLETIN, 1918, NO. 24 VOCATIONAL GUIDANCE AND THE PUBLIC SCHOOLS* W. CARSON RYAN, JR.,1919      **Bulletin - Bureau of Education** United States. Bureau of Education,1918      **Statistics of Land-grant Colleges and Universities** United States. Office of Education,1937      **Bulletin** United States. Office of Education,1937      **Educational Survey of Elyria, Ohio** Benjamin Francis Andrews,Charles Homer Lane,Edith Reeves Solenberger,Henry Ezekiel Jackson,Louis Round Wilson,Mabel Louise Robinson,Stephen Beauregard Weeks,United States. Office of Education,Lester Alonzo Williams,1919

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