

Résilience familiale

FACTEURS

Les croyances

Quel sens donne la famille aux épreuves ?

La famille a-t-elle une vision positive du monde ?

Existe-t-il une forme de spiritualité au sein de la famille ?

Les façons de communiquer

Les messages sont-ils clairs ?

Les membres de la famille collaborent-ils pour résoudre les problèmes ?

Les émotions sont-elles exprimées ? De quelle façon ?

L'organisation

Le système est-il flexible ?

Les liens qui unissent les membres sont-ils forts ?

À quelles ressources sociales et financières la famille a-t-elle accès ?



Reacutesilience Familiare La

Christian G. Meyer



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