

# OB HESI Guide

1. **Good source of folic acid – peanuts**
2. Mom getting hypotensive on spine board after car wreck – roll her on her side on spine board
3. **Mom goes to bathroom with contractions 5 min apart, you hear baby cry – hit call light for help**
4. Iron (SATA) – dark stool normal, give at bedtime
5. Man calls clinic says his wife has been sad, happy, moody – tell him normal hormonal changes
6. Mag question – stop infusion due to mag tox
7. One question her contractions get really close and she is dilated, stop Pitocin, then contractions get 5 min apart – restart Pitocin per agency policy
8. Bright red trickling blood – lacerated cervix
9. **Teach adolescent pregnant girls – proper nutritional needs**
10. 42 wk ballard score – check blood sugar
11. Breast feeding woman asks about birth control – breast feed only every 2-3 hrs
12. Rubella vaccine – use birth control for 28 days
13. Baby as white curd patches in his mouth – discuss medicine with mother (candidiasis infection)
14. **Mom has baby – she reaches out and traces profile with fingertips**
15. HIV positive mom gives birth and is worried about passing it to baby – explain to mom AZT for baby after birth
16. Baby has to have COOMBS test, mom doesn't want rhogam but will keep her from building up antibodies for future babies
17. HSV 2, baby born, vaginal delivery – isolate in nursery
18. **Hormone for positive pregnancy test – human chorionic gonadotropin (HCG)**
19. Swollen vagina is normal in female infant
20. Moro reflex is normal in infant
21. 800 ml output in an hour with mag question – just continue whatever you are doing
22. Woman has baby in a cab – start pitocin, massage fundus
23. Woman comes in with pain in her stomach – you start an IV, not type and cross blood
24. Put eye ointment in conjunctival sac of newborn (erythromycin) as prophylactic eye ointment for prevention of eye infections contracted from bacteria in birth canal
25. Had kid now complains of vaginal pain fullness – check vaginal/perineal area
26. Swollen vagina question is long and talks about salt wasting – normal finding explain about androgens
27. -1 placement of baby active labor 3 cm dilated, has to go to bathroom – check the patient's cervix
28. **Baby born to diabetic mother – check baby's blood sugar**
29. PKU baby – 25% any babies will have it too
30. Baby with clavicle problem – will have intracurvature
31. One question about a woman who drinks and has cut down – give her an "atta boy" and encourage her to reduce the amount even more
32. Woman getting radiation iodine – hold off on test to confirm if pregnant or not
33. Some type of fertility drugs – you need to report sudden increase in abdominal girth
34. Breast feeding baby and sore nipples – start feeding on the unaffected breast
35. Breast feeding mother has a diaphragm – use condom and foam until diaphragm can be refitted
36. Baby born to mother who has a positive drug screen for something – monitor baby for seizures
37. Baby has an apgar score of 3 – continue resuscitation
38. Baby is jaundice and brought back to hospital after 7 to 10 days – provide eye protection and placed under light or phototherapy
39. Pregnant woman with low Hct Hgb levels – this is normal because of increase in plasma levels
40. Woman in labor lying in supine position states she is finally comfortable – place a wedge under her right hip
41. Preparing a woman for triple screen or something test – you need to prepare to draw blood lab work
42. Woman comes in stating her water broke – test with nitrate paper and if it turns blue then prepare to admit
43. Woman is having an amniocentesis test – nurse should check for signs of labor once it is complete
44. A newborn weighs 7.5 lbs at birth and weighs 7 lbs 24 hrs later – this is normal weight loss

# Ob Hesi Study Guide

**Medical Society of New Jersey**



## Ob Hesi Study Guide:

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In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Ob Hesi Study Guide**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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### **Table of Contents Ob Hesi Study Guide**

1. Understanding the eBook Ob Hesi Study Guide
  - The Rise of Digital Reading Ob Hesi Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Ob Hesi Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Ob Hesi Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Ob Hesi Study Guide
  - Personalized Recommendations
  - Ob Hesi Study Guide User Reviews and Ratings
  - Ob Hesi Study Guide and Bestseller Lists

5. Accessing Ob Hesi Study Guide Free and Paid eBooks
  - Ob Hesi Study Guide Public Domain eBooks
  - Ob Hesi Study Guide eBook Subscription Services
  - Ob Hesi Study Guide Budget-Friendly Options
6. Navigating Ob Hesi Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Ob Hesi Study Guide Compatibility with Devices
  - Ob Hesi Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Ob Hesi Study Guide
  - Highlighting and Note-Taking Ob Hesi Study Guide
  - Interactive Elements Ob Hesi Study Guide
8. Staying Engaged with Ob Hesi Study Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Ob Hesi Study Guide
9. Balancing eBooks and Physical Books Ob Hesi Study Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Ob Hesi Study Guide
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Ob Hesi Study Guide
  - Setting Reading Goals Ob Hesi Study Guide
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Ob Hesi Study Guide
  - Fact-Checking eBook Content of Ob Hesi Study Guide
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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important points to remember 23 karate terminologies 24

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