

Red Cross Lifeguarding Test Questions And 100% Correct Answers 2023

CPR Should be performed on a victim who is... - Answer In Cardiac Arrest. An unconscious victim with an obstructed airway has similar steps but the process is not called CPR

C.A.B. What does it stand for and when is it used? - Answer Circulation, Airway, Breathing.

Chest compressions (30). Airway (open). Breaths (2)
Used for CPR

Rate of chest compressions during CPR? - Answer 100 BPM (Roughly the tempo of the song "Staying Alive" by the BeeGees. Ironically, it is also the tempo of "Another One Bites The Dust" by Queen.

You are performing CPR when a second lifeguard arrives. What is most appropriate for the second lifeguard to do first? - Answer Check to see whether EMS personnel have been called.

After an AED says "No Shock Advised," it is best to... - Answer Perform CPR for about 2 minutes.

Adult chest compressions, how do you position your hands? - Answer Heel of one hand on the center of the chest with the other hand on top.

As the only lifeguard performing CPR on an 7-year old, you would perform cycles of... - Answer 30 chest compressions and 2 ventilations.

The cycle of chest compressions and ventilations in two-rescuer CPR for an infant is... - Answer 15 chest compressions and 2 ventilations.

Hand placement for CPR for an:

Adult, Child, Infant - Answer Adult and child: Heel of one hand in center of chest (on lower half of sternum) with the other hand on top

Infant: 2-3 fingers on center of chest (just below nipple line)

Red Cross Cpr And Lifeguard Test Answers

DJ Losen



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