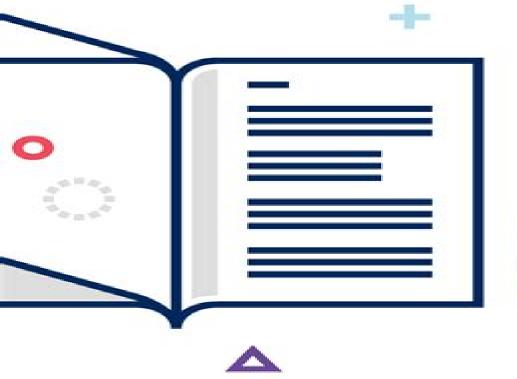




CSEP Certified Personal Trainer® (CSEP-CPT)

# **CERTIFICATION**& STUDY GUIDE

3RD EDITION





# **Personal Trainer Certification Study Guide**

**Puja Mehta** 

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