

Nursing Goal

Nursing Goal:- A specific expected outcome of nursing intervention as related to the established nursing diagnosis.

PURPOSE OF GOAL

- Provide direction for planning nursing interventions that will achieve the desired changes in the client. Ideas for interventions come more easily if the goals state clearly and specifically what the nurse hopes to achieve.
- Provide a time span for planned activities.
- Serve as criteria for evaluation of client progress towards derived outcome. Although developed in the planning step of the nursing process, the expected outcomes serve as criteria for judging nursing interventions and client progress in the evaluation step.
- Enable the client and nurse to determine when the problem has been resolved.
- Help motivate the client and nurse by providing a sense of achievement.

TYPES OF GOALS

Depending upon the client's needs and the nature of nursing services, the goals are of two types.

A. SHORT TERM GOALS

Short term goal is an objective that is expected to achieve in a shorter period usually less than a week. Short term goals are the direction for the immediate nursing care plan.

Example:

Nursing Diagnosis: Ineffective airway clearance related to the effect of sedation.

Goal will be the absence of abnormal lung sounds within two days. Short term goals are the stepping stones to reach long term goals.

Performance Goals For Nurses

**Janet S. Fulton, Brenda L. Lyon, Kelly A.
Goudreau**



Performance Goals For Nurses:

Adopting the Melody of Appearance: An Mental Symphony within **Performance Goals For Nurses**

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