

Personal Report of Communication Apprehension (PRCA-24)

Directions: This instrument is composed of 24 statements concerning feelings about communicating with others. Please indicate the degree to which each statement applies to you by marking whether you:

Strongly Disagree = 1; Disagree = 2; are Neutral = 3; Agree = 4; Strongly Agree = 5

- _____ 1. I dislike participating in group discussions.
- _____ 2. Generally, I am comfortable while participating in group discussions.
- _____ 3. I am tense and nervous while participating in group discussions.
- _____ 4. I like to get involved in group discussions.
- _____ 5. Engaging in a group discussion with new people makes me tense and nervous.
- _____ 6. I am calm and relaxed while participating in group discussions.
- _____ 7. Generally, I am nervous when I have to participate in a meeting.
- _____ 8. Usually, I am comfortable when I have to participate in a meeting.
- _____ 9. I am very calm and relaxed when I am called upon to express an opinion at a meeting.
- _____ 10. I am afraid to express myself at meetings.
- _____ 11. Communicating at meetings usually makes me uncomfortable.
- _____ 12. I am very relaxed when answering questions at a meeting.
- _____ 13. While participating in a conversation with a new acquaintance, I feel very nervous.
- _____ 14. I have no fear of speaking up in conversations.
- _____ 15. Ordinarily I am very tense and nervous in conversations.
- _____ 16. Ordinarily I am very calm and relaxed in conversations.
- _____ 17. While conversing with a new acquaintance, I feel very relaxed.
- _____ 18. I'm afraid to speak up in conversations.
- _____ 19. I have no fear of giving a speech.
- _____ 20. Certain parts of my body feel very tense and rigid while giving a speech.
- _____ 21. I feel relaxed while giving a speech.
- _____ 22. My thoughts become confused and jumbled when I am giving a speech.
- _____ 23. I face the prospect of giving a speech with confidence.
- _____ 24. While giving a speech, I get so nervous I forget facts I really know.

SCORING:

Group discussion: 18 - (scores for items 2, 4, & 6) + (scores for items 1, 3, & 5)

Meetings: 18 - (scores for items 8, 9, & 12) + (scores for items 7, 10, & 11)

Interpersonal: 18 - (scores for items 14, 16, & 17) + (scores for items 13, 15, & 18)

Public Speaking: 18 - (scores for items 19, 21, & 23) + (scores for items 20, 22, & 24)

Personal Report Of Communication Apprehension

LP Steffe



Personal Report Of Communication Apprehension:

This book delves into Personal Report Of Communication Apprehension. Personal Report Of Communication Apprehension is a crucial topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Personal Report Of Communication Apprehension, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Personal Report Of Communication Apprehension
 - Chapter 2: Essential Elements of Personal Report Of Communication Apprehension
 - Chapter 3: Personal Report Of Communication Apprehension in Everyday Life
 - Chapter 4: Personal Report Of Communication Apprehension in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of Personal Report Of Communication Apprehension. This chapter will explore what Personal Report Of Communication Apprehension is, why Personal Report Of Communication Apprehension is vital, and how to effectively learn about Personal Report Of Communication Apprehension.
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 5. In chapter 4, the author will scrutinize the relevance of Personal Report Of Communication Apprehension in specific contexts. This chapter will explore how Personal Report Of Communication Apprehension is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, this book will draw a conclusion about Personal Report Of Communication Apprehension. This chapter will summarize the key points that have been discussed throughout the book.
- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Personal Report Of Communication Apprehension.

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