

# Setting Student Growth Goals in Physical Education

**1. Content Standards/Skills** - Based on the relevant content and skills students should know or be able to do at the end of the course/class, a clear statement of a specific area of focus is selected. These should be specific state or national standards (a statement such as "Common Core State Standards in Math" is not specific enough).

**Example:** National Standard S1.H1: Demonstrates competency in activity specific movement skills.

Student will demonstrate all of the critical elements for the set shot in basketball

**2. Assessments** - Describes how student learning and growth will be measured. Assessments must be aligned to state or national standards and meet state criteria.

**Example:** Using the Basketball Critical Elements Rubric for the set shot, students will be assessed on their ability to perform all 4 critical elements for the freethrow in 5 shots.

(Criterion 3: Sub-group example—after observing class shoot freethrows, only 1 out of the 10 female students in the class was able to use correct form for shooting, while 17 out of 20 male students were able to use correct form for shooting).

Pretest—All female students will be observed shooting 5 freethrows and analyzed according to the rubric. Record performance \_\_\_\_/5 made.

Formative— All students will conduct peer assessments on each other utilizing the rubric. Record performance \_\_\_\_/5 made.

Posttest— All female students will be observed shooting 5 freethrows and analyzed according to the rubric. Record performance \_\_\_\_/5 made.

**3. Context/Students** - Description of the demographics and learning needs of all students in the class or course. This should include relevant information that could include, but is not limited to: the number of students and their gender, race/ethnicity, socioeconomic status, and any students with diverse learning needs (e.g., EL, IEP, 504 plans). For those educators who do not meet with students on a regular basis, including contact time (e.g., one 50 minute period per day, two 90 minute blocks per week, etc.) provides additional context for the goals developed by the educator. The context will affect the development of your instructional strategies.

**Example:**

"There are currently 30 students enrolled in my 1<sup>st</sup> period Team Sports class; 10 students are female and 20 are male. Five of the students in this class have an IEP and/or 504 plan."

# Sample Student Growth Goals For Physical Education

**Yicheng Fang**



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