

Volleyball Unit Test

Name _____

Period _____ Grade _____

Teacher Mr. Misch (please circle the correct answer)



1. What is the ideal order of hits that would take place after a serve?

- A) set, bump, spike B) bump, set, spike C) spike, bump, set D) bump, spike, set

2. Which is not a cue when setting?

- A) get in forward stride position
B) form a window with hands above the face
C) contact the ball with the forearms
D) follow through in the direction of the intended flight

3. Which is not a cue for the bump pass?

- A) get in forward stride position
B) interlock hands
C) contact the ball with the finger pads
D) follow through in the direction of the intended flight

4. Which is not a cue for the underhand serve?

- A) stand straight up with feet together to start the serve
B) hold the ball in the non dominant hand
C) swing arm like a pendulum
D) transfer weight from rear foot to front foot

5. What is the best hit to use when the ball approaches you waist height or below?

- A) bump B) set C) spike D) underhand serve

Physical Education Learning Packets Volleyball Answer

Raffaela Di Napoli



Physical Education Learning Packets Volleyball Answer:

Decoding **Physical Education Learning Packets Volleyball Answer**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Physical Education Learning Packets Volleyball Answer**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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