

PHYSICS GRADE 10

CHAPTER ONE LINEAR MOTION

Introduction

Study of motion is divided into two;

1. Kinematics
2. Dynamics

In kinematics forces causing motion are disregarded while dynamics deals with motion of objects and the forces causing them.

I. Displacement

Distance moved by a body in a specified direction is called displacement. It is denoted by letter 's' and has both magnitude and direction. Distance is the movement from one point to another. The SI unit for displacement is the metre (m).

II. Speed

This is the distance covered per unit time.

Speed = distance covered / time taken. Distance is a scalar quantity since it has magnitude only. The SI unit for speed is metres per second (m/s or ms^{-1})

Average speed = total distance covered / total time taken

Other units for speed used are Km/h.

Examples

1. A body covers a distance of 10m in 4 seconds. It rests for 10 seconds and finally covers a distance of 50m in 60 seconds. Calculate the average speed.

Solution

Total distance covered = $10 + 50 = 100\text{m}$

Total time taken = $4 + 10 + 6 = 20$ seconds

Therefore average speed = $100 / 20 = 5\text{m/s}$

2. Calculate the distance in metres covered by a body moving with a uniform speed of 180 km/h in 30 seconds.

Solution

Distance covered = speed * time
 $= 180 * 1000 / 60 * 60 = 50\text{m/s}$
 $= 50 * 30$
 $= 1,500\text{m}$

3. Calculate the time in seconds taken a by body moving with a uniform speed of 360km/h to cover a distance of 3,000 km?

Solution

Speed: $360 \text{ km/h} = 360 * 1000 / 60 * 60 = 100\text{m/s}$

Time = distance / speed
 $3000 * 1000 / 100$
 $= 30,000 \text{ seconds.}$

III. Velocity

This is the change of displacement per unit time. It is a vector quantity.

Velocity = change in displacement / total time taken

The SI units for velocity are m/s

Examples

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Sir James Augustus Henry Murray



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Japanese Journal of Applied Physics ,2002 **Goodman and Fuller's Pathology E-Book** Catherine Cavallaro Kellogg, Kenda S. Fuller, 2020-10-09 Selected for Doody's Core Titles 2024 in Physical Therapy The only pathology textbook written specifically for physical therapy this edition continues to provide practical and easy access to information on specific diseases and conditions as they relate to physical therapy practice Coverage includes guidelines precautions and contraindications for interventions with patients who have musculoskeletal or neuromuscular problems as well as other medical conditions such as diabetes or heart disease Logically organized content offers at a glance access to essential information on common illnesses diseases adverse drug effects organ transplantation laboratory values and more to ensure the most reliable and effective physical therapy for patients Up to date coverage with contributions from more than 100 content experts in pathology and physical therapy Revised content throughout provides the most current information required to be an effective practitioner Full color interior design photos and illustrations visually reinforce key concepts A Therapist's Thoughts offers personal and clinical insights from experienced therapists specializing in cancer diabetes cystic fibrosis women's health lymphedema psychological problems and much more Special Implications for the Therapist boxes provide information and ideas to consider when formulating a plan of care that addresses precautions contraindications and best practice specific to physical therapy Current information on conditions medical testing and treatment and practice models keeps students up to date on the latest research findings and recent changes in the field Key information presented in an at a glance format is organized by body system for easy reference Basic science information addresses the clinical implications of disease within the rehabilitation process covering common illnesses and diseases adverse effects of drugs organ transplantation laboratory values and much more Coverage includes updated information on standard precautions Separate chapter addresses laboratory tests and values that are important in physical therapy practice Separate appendix provides guidelines for activity and exercise A focus on health promotion and disease prevention is featured throughout the text The Compact Edition of the Oxford English Dictionary Sir James Augustus Henry Murray, 1971 Micrographic reproduction of the 13 volume Oxford English dictionary published in 1933

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