

NS62 FINAL COMPREHENSIVE PHYSICAL EXAM GUIDELINES

The purpose of these guidelines is to outline the expectation of the 30-minute* comprehensive physical exam. Proficient performance of this exam is required to pass the course. The order can be changed depending on the student's preference.

1. ANTICIPATED BEHAVIORS:

The student begins the physical assessment with a general survey of the condition of the patient and explains to the patient the scope of the physical examination to be conducted.

PRIOR TO STARTING THE PHYSICAL EXAMINATION:

- ✓ Organize all needed equipment at exam site
- ✓ Hand hygiene*- hand sanitizer ok (*mandatory- must be done or hand stop will be initiated)
- ✓ Wear name tag
- ✓ Review vital signs, height and weight (provided to student) in advance of the exam

INTRODUCTION (3 points):

- ✓ Greet and discuss vital signs results with patient (1 point)
- ✓ Explain to the patient the type of examination to be performed (1 point)
- ✓ Explain the procedures to the patient throughout the examination (1 point)

2. PHYSICAL EXAMINATION: (Patient sitting)

GENERAL OBSERVATION and PSYCHOLOGIC (2 points):

- ✓ Observe patient's general state of health and mental status, noting the presence or absence of signs of physical or emotional distress (1 point)
- ✓ Take note of patient's affect (1 point)
- ✓ Observe and describe features of visible skin (color, moisture, lesions) upon immediate inspection. Then, continue to evaluate skin throughout the exam, noting color, temperature, turgor, moisture, lesions, hair distribution, & scars, describing any abnormalities. (1 point)

HEENT/CRANIAL NERVES:

HEAD (1 point):

- ✓ Inspect the head, hair, and scalp (0.5 point)
- ✓ Inspect overall skin and face & notes facial symmetry (0.5 point)

EYES (1.5 points):

- ✓ Ask patient if she/he wears contact lenses or glasses (this has implications when testing visual acuity)
- ✓ Test visual acuity using Snellen or pocket eye chart (CN II Optic nerve) (2 points)

Physical Exam Guidelines

Michael Rajnik



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Table of Contents Physical Exam Guidelines

1. Understanding the eBook Physical Exam Guidelines
 - The Rise of Digital Reading Physical Exam Guidelines
 - Advantages of eBooks Over Traditional Books
2. Identifying Physical Exam Guidelines
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Physical Exam Guidelines
 - User-Friendly Interface
4. Exploring eBook Recommendations from Physical Exam Guidelines
 - Personalized Recommendations
 - Physical Exam Guidelines User Reviews and Ratings
 - Physical Exam Guidelines and Bestseller Lists
5. Accessing Physical Exam Guidelines Free and Paid eBooks

- Physical Exam Guidelines Public Domain eBooks
 - Physical Exam Guidelines eBook Subscription Services
 - Physical Exam Guidelines Budget-Friendly Options
6. Navigating Physical Exam Guidelines eBook Formats
 - ePub, PDF, MOBI, and More
 - Physical Exam Guidelines Compatibility with Devices
 - Physical Exam Guidelines Enhanced eBook Features
 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Physical Exam Guidelines
 - Highlighting and Note-Taking Physical Exam Guidelines
 - Interactive Elements Physical Exam Guidelines
 8. Staying Engaged with Physical Exam Guidelines
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Physical Exam Guidelines
 9. Balancing eBooks and Physical Books Physical Exam Guidelines
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Physical Exam Guidelines
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Physical Exam Guidelines
 - Setting Reading Goals Physical Exam Guidelines
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Physical Exam Guidelines
 - Fact-Checking eBook Content of Physical Exam Guidelines
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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Depression can happen to anyone at any time, making ... An Update on Treatment of Bipolar Depression Aug 11, 2020 —

Nierenberg's primary research interests are treatment resistant depression, bipolar depression, and the longitudinal course of mood disorders. Bipolar depression: a major unsolved challenge - PMC by RJ Baldessarini · 2020 · Cited by 151 —

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bipolar depression is often misdiagnosed and ineffectively managed both for acute episodes and residual symptoms. An Update on Treatment of Bipolar Depression - YouTube Depression Preceding Diagnosis of Bipolar Disorder by C O'Donovan · 2020 · Cited by 44 — This paper focuses on depression that precedes an onset of manifest bipolar disorder as early stage bipolar disorder. First, we review how ... Depressive disorder (depression) Mar 31, 2023 — Depressive disorder (also known as depression) is a common mental disorder. It involves a depressed mood or loss of pleasure or interest in ... Financial Accounting, 8th Edition: Libby, Robert ... Libby/Libby/Short believes in the building-block approach to teaching transaction analysis. Most faculty agree that mastery of the accounting cycle is critical ... Libby Libby Short - Financial Accounting - 8TH EDITION Condition is "Good". Financial Accounting 8th Edition by Robert Libby Financial Accounting, 8th Edition by Robert

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