

Physical Education Rubrics

UNDERARM THROW ASSESSMENT				
Name: _____				
A	B	C	D	E
Performs an underarm throw accurately, with a smooth back swing from shoulder, with effective weight transfer forward and a well timed release.	Performs an underarm throw to an intended target, with suitable backswing from the shoulder, some weight transfer forward and a well timed release.	Performs an underarm throw to an intended target, with some backswing and a controlled release, over a short distance.	Focuses on the target when performing an underarm throw but uses an ineffective motion and ill-timed release that lacks control.	Does not meet the requirement of a D grade.
Comments: _____				
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All Fundamental Movement Skills are listed and able to be assessed in a simple and easy to use package

Assess ANY activity or game for any year level

	A - Superior (5)	B - Very Good (4)	C - Satisfactory (3)	D - Below Average (2)	E - Poor (1)
Fundamental Movement Skills - Locomotor	Consistently demonstrates accurate and body control when performing locomotor skills in individual activities and in game situations.	Demonstrates balance and body control when performing locomotor skills in individual activities and in game situations.	Demonstrates balance and body control when performing locomotor skills in individual activities and in game situations.	Usually demonstrates balance and some body control when performing locomotor skills in individual activities.	Does not meet the requirements of a D grade.
Fundamental Movement Skills - Object Control (Striking/Throwing)	Performs striking/throwing skills with control and accuracy in individual activities and in game situations.	Performs striking/throwing skills with control and accuracy in individual activities and in game situations.	Performs striking/throwing skills with control and accuracy in individual activities and in game situations.	Usually performs striking/throwing skills with some control and accuracy in individual activities.	Does not meet the requirements of a D grade.
Fundamental Movement Skills - Object Control (Curling)	Consistently catches from short or medium distances with control and accuracy in game situations.	Consistently catches from short or medium distances with control and accuracy in game situations.	Usually catches from short or medium distances with control and accuracy in game situations.	Usually catches from short distances with control and accuracy in game situations. Often handles catcher's legs the object over medium distances.	Does not meet the requirements of a D grade.
Fundamental Movement Skills - Object Control - Throwing	Demonstrates an accurate and controlled throw over short or medium distances with control and accuracy in game situations.	Usually throws an appropriate throw to suit requirements with control and accuracy in game situations.	Throws accurately over short distances with control and accuracy in game situations.	Throws over short distances with control and accuracy in game situations.	Does not meet the requirements of a D grade.

• pre-K to Year 6

- Customisable and editable
- The ability to assess 100+ Games - Digital and Non-Digital

Physical Education Elementary Rubrics

Jacalyn Lea Lund, Deborah Tannehill



Physical Education Elementary Rubrics:

The Enigmatic Realm of **Physical Education Elementary Rubrics**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Physical Education Elementary Rubrics** a literary masterpiece penned by way of a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of people who partake in its reading experience.

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