

Physical Education Programs

AdvantagePress INC.
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Outstanding Resource for Remote Learning and Distancing

Advantage Press P.E. programs are ready-to-use packets, in printable PDF format. Programs are available on CD or as a **Download Now** option when ordered at AdvantagePress.com online shopping cart.

Each packet provides 45–60 minute independent learning opportunity. Packets contain 7–10 pages of readable content followed by student response questions and puzzles for students to demonstrate their learning. Packets provide students with logical and constructive learning activities, promote reading and writing, and provide the means to assess student learning and justify grades. Teacher answer key is provided.



Program Benefits

- Independent and remote learning
- Social distancing—can split and distance students
- Learning activities for students who do not, or can not, meet physical education requirements
- Complete, ready-to-use resource for introducing a sport or activity to the entire class
- Elevates interest in physical education
- Motivates students to learn more about a sport
- Provides instant lesson plans for substitute teachers
- Discourages excuses for not participating, such as not dressing for gym
- Assign as homework or extra credit
- Benchmark learning and justify grades

Preview Samples at AdvantagePress.com

P.E. Independent Learning Packets from AdvantagePress.com

NEW 2021 Edition

P.E. Sports and Activities #985

Packets cover history and rules of the game; skills and strategies. Following the text, each lesson has three puzzles and an optional common core worksheet.

- | | | |
|------------------|-------------------|-----------------------|
| 1. Volleyball | 12. Gymnastics | 23. Ice Hockey |
| 2. Badminton | 13. Football | 24. Dodge Ball |
| 3. Tennis | 14. Weightlifting | 25. Water Polo |
| 4. Basketball | 15. Dance | 26. Team Handball |
| 5. Bowling | 16. Field Events | 27. Lacrosse |
| 6. Soccer | 17. Track Events | 28. Frisbee |
| 7. Archery | 18. Racquetball | 29. Netball |
| 8. Wrestling | 19. Softball | 30. Table Tennis |
| 9. Golf | 20. Handball | 31. Flag Football |
| 10. Field Hockey | 21. Karate | 32. Floor Hockey |
| 11. Baseball | 22. Aerobics | 33. Cardie Kickboxing |

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Olympics #989

Packets cover competition from the 2016 Rio Summer Olympics and the 2018 Pyeongchang Winter Olympics. Packets focus on the history of the sport, Olympic tradition, major Olympic moments and famous Olympians.

Summer

- | | |
|---------------|-------------------------------------|
| 1. Archery | 10. Soccer |
| 2. Badminton | 11. Gymnastics |
| 3. Bowling | 12. NEW! Beach Volleyball |
| 4. Cycling | 13. NEW! Rhythmic Gymnastics |
| 5. Fencing | 14. NEW! Swimming |
| 6. Handball | 15. NEW! Track and Athletics |
| 7. Volleyball | |
| 8. Pentathlon | |
| 9. Taekwondo | |

Winter

- | | |
|-------------------------|----------------------|
| 1. Bobsledding | 7. Ice Hockey |
| 2. Biathlon | 8. Ski Jumping |
| 3. Short Track | 9. Skeleton |
| 4. Speed Skating | 10. Snowboarding |
| 5. Curling | 11. Downhill Skiing |
| 6. Luge | 12. Freestyle Skiing |
| 7. Cross Country Skiing | |

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NEW 2021 Edition

P.E. Supplement #986

Additional topics to supplement program #985

- | | | |
|----------------|---------------------|-------------------|
| 1. Pickleball | 4. Bean Bag Toss | 7. Swimming |
| 2. Footgolf | 5. Personal Fitness | 8. Cross-Training |
| 3. Flickerball | 6. Discgolf | |

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1. Track (Owens, Dinkinson, Thorpe, Rudolph)
2. Field (Joyner-Kersey, Fosbury, Beamon)
3. Ice Hockey (Horn, Orr, Gertsky)
4. Weightlifting (Kono, Chernenkin, Alekseyev)
5. Gymnastics (Ratton, Comaneci, Cornea, Korbut, Fujimori)
6. Wrestling (Baumgartner, Gable, Keener)
7. Tennis (Tilden, Ashe, King, Agassi, S. Williams)
8. Baseball (Ruth, Maris, Clemens)
9. Golf (Palmer, Nicklaus, Woods, Sorenstam)
10. Soccer (Pelé, Owen, Ronaldo)
11. Basketball (Naismith, Chamberlain, Jordan)

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Jiyuan Zhang



Physical Education Learning Packets Advantage Press:

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paced foundation learning tool for both the CCENT 100 101 and CCNA R 200 120 exams offers a comprehensive overview of the diverse technologies found in modern internetworks From routing and switching concepts to practical configuration and security it teaches with numerous examples illustrations and real world scenarios helping you rapidly gain both expertise and confidence This book provides you with all the knowledge you need to install operate and troubleshoot a small enterprise branch network including basic network security Whether you are preparing for certification or simply want to understand basic Cisco networking you ll find this guide exceptionally valuable Topics covered include TCP IP models and protocols LANs and Ethernet running Cisco IOS VLANs and trunks IP addressing and subnetting packet delivery static and dynamic routing DHCP and NAT network security WANs IPv6 and more This edition has been fully updated to reflect the new Cisco ICND1 100 101 exam blueprint Content has been reorganized simplified and expanded to help you learn even more efficiently New Production Network Simulation questions offer more real world review and new web video resources in each chapter walks you through many key tasks Interconnecting Cisco Network Devices Part 1 ICND1 Foundation Learning Guide Fourth Edition is part of a recommended learning path from Cisco that includes simulation and hands on training from authorized Cisco Learning Partners and self study products from Cisco Press To find out more about instructor led training e learning and hands on instruction from authorized Cisco Learning Partners worldwide please visit www.cisco.com/go/authorizedtraining Network functions components models layers topologies and applications LAN Ethernet switching routing and packet delivery concepts Network management with Cisco IOS software and its command line interface VLANs and segmentation techniques for optimizing performance and flexibility Easy ways to create efficient IP addressing and subnetting schemes Cisco router configuration including static and dynamic routing DHCP and NAT dynamically providing IP addresses and handling limited address availability Essential network security techniques Traffic management with Access Control Lists WAN concepts technologies and options IPv6 configuration in dynamically routed network environments

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system requirements minimum Windows 10 32 64 bit Windows 8 1 32 64 bit or Windows 7 32 64 bit 1 gigahertz GHz or faster 32 bit x86 or 64 bit x64 processor 1 GB RAM 32 bit or 2 GB RAM 64 bit 16 GB available hard disk space 32 bit or 20 GB 64 bit DirectX 9 graphics device with WDDM 1 0 or higher driver Adobe Acrobat Reader version 8 and above Mac system requirements minimum OS X 10 11 10 10 10 9 or 10 8 Intel core Duo 1 83 GHz 512 MB RAM 1 GB recommended 1 5 GB hard disk space 32 bit color depth at 1024x768 resolution Adobe Acrobat Reader version 8 and above *The Examiner*,1840 The Illustrated London News ,1861

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