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Gaining Teaching Skills: Reflective Practice & Experiential Learning - Essay Sample Essay

#### Introduction

Reflective practice refers to the reflection or thinking about what one does. It is nearly related to the concept of experiential learning; that is, one feels about his or her actions and happenings and decides on what to do next.

# Teaching Skills I Have, I Need and How to Gain Them

As an outgoing person, I've generally needed to consider my social associations with others. Communication skills I procured were basic verbal and written, the need to work successfully as a gathering or group to accomplish set objectives, overseeing and organising remaining task at hand, self-inspiration and time management.

My introduction and public speaking skills are precarious now and again. I will, in general, get anxious already and frenzy. The aptitude that I have to create and take a shot at, are my communication skills around there. Making bullet-pointed notes and afterwards practising them after an exercise plan will empower me to be increasingly loose and confident consequently forward.

Five Years prior, I left the Healthcare Sector to move to childbearing. This eventually prompted my choice to come back to instruction and train as a teacher. In the wake of finishing the four months in Level 3 Award in Education and teaching course, I increased a lot of trust in my transferable skills and capacities in the study hall.

# What I know About Learning and Teaching, How I learn best and How to Teach Others Who Learn Differently

I am an independent and free thinker, a brisk student, and adroit at putting forth a concentrated effort to the various features of teaching. However, I likewise cooperate with other people and appreciate sharing and developing new thoughts in both the hypothesis and routine with regards to teaching.

Adapting successfully involves the ownership of four capacities: concrete experience; reflective observation; abstract conceptualisation and active experimentation. These styles were created to challenge a person's method of discovery that tries to diminish the capability of their knowledge (Kolb, 2001).

'Pragmatists' are substituted for converger (concrete experience); these individuals are keen on evaluating new plans to check whether they work. 'Theorists' are substituted for assimilator (abstract conceptualisation). These individuals are objective as opposed to emotional; they gather, break down and utilise sensible methodologies in creating speculations concerning a given strategy.

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**Sabine Zange** 

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