

IEP GOALS

EXECUTIVE FUNCTIONING SKILLS

- **Emotional Control**

- The student will participate in classroom competitions to imbibe a healthy spirit and learn self-regulation regardless of a winning or losing situation.
- The student will learn to focus on the task rather than the internal states of panic or frustration.
- The students would be asked to share their experience of the day that helps them reflect on their emotional state during tasks or class competitions.
- Modelling self-regulation strategies to the students, like deep breaths, or imagery for a few minutes.
- Students would be taught to be accommodating towards mistakes and look at the learning after failure.

Sample Iep Goals For Motivation

Ian Pickup



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