# Personal Philosophy on Advanced Practice Nursing and Healthcare

#### Introduction

Caring, which is a mainstay characteristic of nursing practice, has been christened as a complex process that is grounded on professional and ethical contexts. While examining the nursing ethos that safeguard the right of patients to human dignity, Judge-Ellis and Wilson (2017) identified caring as a primary moral obligation of the ethical frameworks underlying these ethos. I chose to become an advanced practice nurse because my demeanor and my disposition are adequately suited for providing this care.

Nursing philosophy is an integral element that helps in the identification of the approach that a nursing practitioner adopts towards delivering his or her professional obligations (Marchuk, 2014). The purpose of this paper is to outline my personal philosophy on advanced practice nursing and healthcare with respect to my future role as an advanced practice nurse. In this paper, my personal philosophy concepts that are specific to the nursing metaparadigms are established from published philosophies. Through evidence-based justification of theory, this paper explains how Peplau's Theory of Interpersonal Relations relates to my future practice nursing role and my personal philosophy. To provide ethical and compassionate care to the patients in a healing environment, there needs to be reciprocity between the nurses and the patients, as this is the bedrock of patient-centered treatment care.

#### Advanced Practice Nursing Philosophy

With the implementation of the Patient Protection and Affordable Care Act of 2010, more emphasis has been dedicated towards identifying the roles of healthcare professionals in guaranteeing the safety and safeguarding the rights of the patients (American Nurses Association, 2018).



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#### **Table of Contents Personal Nursing Theory Paper**

- 1. Understanding the eBook Personal Nursing Theory Paper
  - The Rise of Digital Reading Personal Nursing Theory Paper
  - o Advantages of eBooks Over Traditional Books
- 2. Identifying Personal Nursing Theory Paper
  - Exploring Different Genres
  - $\circ\,$  Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Personal Nursing Theory Paper
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Personal Nursing Theory Paper
  - Personalized Recommendations
  - Personal Nursing Theory Paper User Reviews and Ratings
  - Personal Nursing Theory Paper and Bestseller Lists
- 5. Accessing Personal Nursing Theory Paper Free and Paid eBooks
  - Personal Nursing Theory Paper Public Domain eBooks
  - Personal Nursing Theory Paper eBook Subscription Services
  - Personal Nursing Theory Paper Budget-Friendly Options
- 6. Navigating Personal Nursing Theory Paper eBook Formats
  - o ePub, PDF, MOBI, and More
  - o Personal Nursing Theory Paper Compatibility with Devices
  - Personal Nursing Theory Paper Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Personal Nursing Theory Paper
  - Highlighting and Note-Taking Personal Nursing Theory Paper
  - Interactive Elements Personal Nursing Theory Paper
- 8. Staying Engaged with Personal Nursing Theory Paper

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Personal Nursing Theory Paper
- 9. Balancing eBooks and Physical Books Personal Nursing Theory Paper
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Personal Nursing Theory Paper
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Personal Nursing Theory Paper
  - Setting Reading Goals Personal Nursing Theory Paper
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Personal Nursing Theory Paper
  - Fact-Checking eBook Content of Personal Nursing Theory Paper
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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