

"An engaging and heartbreaking account of the tragic circumstances girls and women find themselves in today as they struggle to find a body they can feel secure with."

— SUSIE ORRACH, AUTHOR OF *Fat Is a Feminist Issue*



PERFECT GIRLS. STARVING DAUGHTERS

The Frightening New Normality
of Hating Your Body
COURTNEY E. MARTIN

Perfect Girls Starving Daughters

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